



# Spring Forward

## Why Spring May Be the Ideal Time to Consider a Life Plan Community

**T**here is something about spring that makes change feel possible.

Windows open. Closets get cleaned. Real estate signs appear in yards. The air feels lighter—and so do decisions that may have felt heavy before. For generations, spring has symbolized renewal and fresh beginnings. It's a season that reminds us that growth often follows periods of waiting.

For older adults exploring a move to a Life Plan Community—also known as a Continuing Care Retirement Community (CCRC)—spring has become one of the most appealing times to make the transition.

### A Thoughtful Time to Move

Unlike a move prompted by a health crisis, a spring transition is often proactive. It allows individuals to step into community living while they are active, independent, and able to fully experience everything the lifestyle offers. Moving earlier means choosing opportunity and lifestyle—not reacting to necessity.

The season also offers practical advantages. Moving in spring may be easier than during cooler winter days or humid summer afternoons. Adult children helping coordinate logistics often find spring schedules more flexible before summer travel begins. For homeowners, spring marks one of the strongest real estate markets of the year, helping smooth the financial transition.

### When Community Life Comes Alive

The season mirrors the rhythm of community life. Gardens are blooming. Walking groups return to neighborhood paths. Farmers market outings, scenic day trips, and outdoor activities fill the calendar. Patio gatherings stretch into warm evenings, and seasonal celebrations bring neighbors and families together.

Spring also offers something invaluable: time. Moving now allows months to settle in, personalize a new home, establish friendships, and build routines before the busy holiday season arrives.

For many residents, one of the most compelling aspects of a Life Plan Community is the care continuum—independent living today, with assisted living or skilled nursing available later if needed. Remaining within the same community provides continuity as needs change over time.

“The best time to consider a Life Plan Community is before you have to—when you can fully enjoy new friendships, opportunities, and experiences that community living offers,” says Denise Dickinsen, Vice President of Planned Growth & Development for Lutheran Homes of South Carolina.

Spring does not just change the landscape. It invites you to move forward—with energy, possibility, and, yes, a little more spring in our step.



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