

CEREC Dental System Provides One-Visit Convenience

Busy patients and moms who want better smiles visit Dr. Peter A. Gardell, DDS, PC.



Business people and stay-at-home moms are busier than ever, and people often don't have time for multiple visits to the dentist for restorative dental procedures such as crowns or dental veneers. The CEREC system (Chairside Economical Restoration of Esthetic Ceramics) offered by Dr. Peter A. Gardell, DDS, PC, provides a convenient solution for busy people.

"Business people just can't go to a dentist over multiple lunch hours. Most employers will force folks to use vacation days," says Dr. Gardell. "And just because mom is taking care of the kids doesn't mean her schedule is any less jam-packed compared to a business person. In fact, her time is even more valuable."

Dr. Gardell uses the CEREC system to provide crowns and other restorative

procedures for broken or cracked teeth in one visit that takes less than two hours.

Instead of patients being gagged by messy, rubber goop for an impression, the CEREC system allows Dr. Gardell to simply scan the inside of the mouth with a video camera. The image is transferred to a computer that allows Dr. Gardell to fabricate a ceramic crown or veneer in his office during the same visit. No outside lab is involved.

"Not everybody has the CEREC system, and not everybody can treat patients in as time-efficient a manner as I can in my office," explains Dr. Gardell. "I can provide a crown or veneer during one visit."

Mom's Turn

Many times after the kids have their teeth straightened with braces, mom decides she wants to improve her smile. Most adults, however, dread the thought of looking like teenagers with wires and brackets.

"We do aligner therapy with the ClearCorrect system, which removes the need for wires and brackets," says Dr. Gardell. "Friends and families probably won't even know when someone is wearing aligners."

Whether mom never had her teeth straightened or she had braces but her teeth have moved

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since her teenage years, Dr. Gardell can provide simple orthodontics services for most patients.

By using the CEREC system, Dr. Gardell takes a picture of the patient's jaw; no impressions are needed. The images are turned into aligners, which are plastic trays that the patient wears for two weeks at a time. The trays provide gradual pressure, which moves the teeth into the desired position.

Patients visit Dr. Gardell on a monthly basis to monitor progress, and most people can achieve their desired smile in six to 18 months.

"We love giving moms the smiles they deserve," concludes Dr. Gardell.

Schedule your appointment with Dr. Gardell by calling 203-975-0633.

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