

A REASON TO SMILE

*Stamford
dentist focuses
on patient
convenience
and comfort.*



There are many excuses to avoid going to the dentist; in addition to the expectation of potential pain, one may need to take time off of work, battle traffic to reach the office, and find parking before ending up in a waiting room for what feels like hours.

But what if previously time-consuming dental procedures—like ceramic crowns and bridges—could be done in just one convenient office visit? That's what Dr. Peter A. Gardell offers.

Dr. Gardell has been providing while-you-wait, computer-aided design and fabrication to his patients for 15 years, delivering unrivaled convenience and superior aesthetics. At the forefront of computer-assisted medicine, he also teaches colleagues and students to use both 3D X-ray systems and the CEREC system.

The CEREC Dental System

The CEREC dental system is an in-office, computer-aided design and manufacturing system that uses a digital impression to design a crown or other dental restoration (including inlays, onlays, fixed bridges, veneers, dental implants, dentures, and even some orthodontic appliances). Digital designs are sent to a machine in the

dental office that mills the restoration from a solid block of material—usually a type of ceramic.

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Since all design and manufacturing is done in-office, the need for multiple appointments is generally eliminated, saving patients time, effort, and money. Such procedures are suitable for patients of all ages.

"Among the greatest benefits to using a CEREC system is that I can plan out all of a patient's necessary dental work on the computer and place them perfectly in the mouth to ensure the work looks natural," says Dr. Gardell. "Friends and family can't even tell my patients have had dental work—sometimes major dental work—done."

*Schedule your appointment with
Dr. Gardell by calling 203-975-0633.*

PETER A. GARDELL, DDS, PC

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AACD American Academy of
Cosmetic Dentistry
MEMBER

DENTAL IMPLANTS

That's especially true for Dr. Gardell's implant patients. Combining CEREC with cone beam technology enables him to plan out implantation in a way that will also support existing dental work, including crowns.

"If a patient comes in with a missing tooth, the old way to restore it was with a bridge, which, unfortunately, expanded the problem from one tooth to three teeth," Dr. Gardell notes. "With dental implants, a single tooth problem results in a single tooth solution."

Dr. Gardell also recommends implants over dentures. "The World Health Organization deems a person who wears dentures to be disabled," he notes. "That person will lose functionality, will no longer experience a tactile response in chewing, and will likely even lose taste buds as a result of wearing dentures. Implants, however, allow chewing and functioning as naturally intended."

Implant procedures are also usually less painful than a root canal or extraction. Says Dr. Gardell, "If done in a controlled manner—for example, I plan out all placements via computer-guided surgery—getting dental implants should be an easy, rewarding experience."

