

VENOUS DISEASE REQUIRES EXPERT CARE



In the United States alone, an estimated 25 million people suffer from the effects of poorly functioning valves in their veins. Now, Dr. John Mathai offers relief.

Venous insufficiency is the “vascular disease of the 21st century” according to double board-certified Cardiovascular Surgeon John Mathai, MD, FACS, FACC, who saw the need for diagnosis and treatment performed with the same level of steady precision that he brought to his more than three decades of experience as an open-heart surgeon. His practice, Premier Vein Specialists, was conceived to meet the needs of those suffering from the symptoms of veins that are no longer working properly.

Dr. Mathai answers to no one but his patients, and his dedicated vein practice offers a full spectrum of evidence-based, in-office modalities that treat venous problems.

“I spend ample time with my patients during their initial consultation,” he says, “which includes an ultrasound evaluation of their vein health. My background as a cardiothoracic surgeon—where I was consistently evaluating vein health—gives me insight that is vital in determining the best treatment plan for my patient.”

Appropriate Treatment

Common signs of venous insufficiency—such as skin discoloration, swelling in the

lower extremities, and burning or achy legs—may be treated through lifestyle changes and the use of compression stockings. However, if conservative approaches do not bring the desired results, in-office procedures can address the sources of the circulatory problems and return healthier blood flow to the legs and feet. Such procedures include radiofrequency ablation, microphlebectomy, and sclerotherapy.

“The newest interventions have revolutionized the treatment of venous disease,” Dr. Mathai says. “I’m always gratified to see my patients obtain quick relief and good cosmetic outcomes after suffering from a condition that is, in qualified hands, very responsive to well-planned treatment.”



Call **717-412-7226** to schedule a **FREE SCREENING CONSULTATION** at the office most convenient for you.

CAMP HILL OFFICE
875 Poplar Church Rd.
Suite 300

HANOVER OFFICE
250 Fame Ave.
Suite 220

YORK OFFICE
2350 Freedom Way
Suite 104

www.PremierVeinPA.com



John Mathai, MD, FACS, FACC,
Double Board-Certified
Cardiovascular Surgeon,
Fellowship Trained, Cleveland Clinic

DR. MATHAI ANSWERS YOUR QUESTIONS ABOUT TREATING VEIN PROBLEMS

Q: Are vein problems purely cosmetic?

A: Diseased veins are the underlying cause of varicose and spider veins. Those conditions signify a vein problem that needs to be addressed by a qualified practitioner. With insurance covering most procedures, there is no reason to avoid treatment.

Q: Is treatment painful?

A: Discomfort is minimal. All procedures are completed in-office with local anesthetic, and most patients return to work the next day.

Q: How do I choose a doctor to treat my varicose veins?

A: Look for an experienced surgeon and a welcoming practice. We offer free screening appointments so patients can learn about their condition and see how they feel in our office at no risk.



Scan to schedule your free screening.