FIGHTER.
SURVIVOR.
SHAWN.

As a fitness instructor, personal trainer and vegetarian, breast cancer was the last thing on Shawn's mind. But, thanks to her regular self-checks and mammograms at a BayCare facility, she caught her cancer early and beat it.

Talk to your doctor about scheduling your screening mammogram and visit ItsInOurHands.org.

Our Breasts. Our Health. Our Care. It's In Our Hands.

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