

DESTINATION: HOME

There are senior living communities, and then there's Waveny LifeCare Network—Fairfield County, Connecticut's celebrated, award-winning, nonprofit continuum of independent and assisted living, memory, skilled nursing, and home care services for seniors.



Waveny's personalized and clinically superior services attract residents and families throughout the New York tri-state area. We are proud of the award-winning professional services that our caregivers provide.

—Russ Barksdale, President and CEO, Waveny LifeCare Network

Anne M. first experienced Waveny LifeCare Network when she spent a few weeks in Waveny's five-star short-term rehabilitation center recovering from a hip replacement. She and her husband then decided to sell their home, giving up costly repairs for good, and move to The Inn—a charming residence for seniors seeking enriched independent living in an intimate, socially active retirement community. The couple says they love The Inn's New England charm, its easy access to New Canaan's vibrant shopping and dining, and the many friends they've made.

"Waveny is uniquely positioned," says chief sales and marketing officer Terry Henry. "Senior living facilities are often owned or managed by real estate companies; we're a proud, independent nonprofit. We offer families a transformational life experience—where their loved ones can permanently age in place and thrive with superior safety, social engagement, and medical outcomes."

Waveny boasts three residency types. The Inn features fashionable apartments for active seniors who appreciate the safety of having priority access to Waveny's broad continuum of healthcare services. The Village combines assisted living with memory and dementia care; residents enjoy daily programs and vibrant activities on the renowned indoor "Main Street"—including live music, art, and dining. And the highly celebrated Waveny Care Center features a five-star skilled nursing facility with inpatient and outpatient rehabilitation and physical therapy.

Waveny's medical model in assisted living and skilled nursing provides expert, compassionate care. As healthcare costs rise, many seniors worry that they may outlive their retirement savings. Explains Henry, "Once our residents join Waveny, they become family and

know that they will have the best uninterrupted care available at all levels, and a financial safety net for ongoing needs."

The Power of Cultural Connection

Medical research has shown that seniors who are meaningfully engaged with like-minded people—conversing, laughing, taking classes, and sharing meals—stay healthier longer. At Waveny, these studies are the bedrock of the organization's leading-edge programming. "The arts can be a powerful modality, especially for those requiring personalized therapy," says Henry. He recalls a resident with severely impaired verbal skills. A staff dance therapist began working with him, playing the music and songs of his youth, encouraging him to remember the simple joy of dancing. Says Henry, "Over time, she was thrilled to hear him first singing, then dancing. Eventually, he began to regain greater verbal skills."

Whether someone is fully independent and wants to know expert caregivers are nearby, seeks therapy in order to return home, or needs more acute medical intervention involving skilled nursing, memory improvement, or home care, the celebrated Waveny team invites them to become part of their family.

Waveny
LIFECARE NETWORK

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