

fairfield

HEALTHCARE PROFILES

DESTINATION: HOME

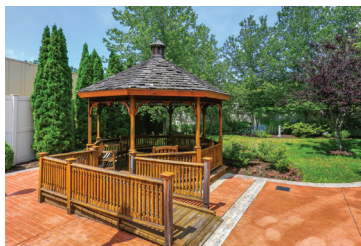
There are senior living communities, and then there's Waveny LifeCare Network—New Canaan's celebrated not-for-profit spectrum of independent, assisted, and memory care living for seniors, with comprehensive home care, skilled nursing, and hospice services.



Anne M. first experienced the Waveny LifeCare Network community while in its short-term rehabilitation center recovering from a hip replacement. "It was wonderful," she recalls. "When it was time to go home, I didn't want to leave." She and her husband toured the Waveny living options, then decided to sell their home, give up costly repairs and maintenance for good, and move to The Inn—Waveny's charming, newly renovated residence for seniors seeking enriched independent living in an intimate, socially active retirement community. The couple says they love The Inn's New England charm, its easy access to New Canaan's vibrant shopping and dining, and the many friends they've made.

"Waveny is uniquely positioned," says chief sales and marketing officer Terry Henry. "Senior living facilities are often owned or managed by real estate companies; we're a proud, independent nonprofit. We offer families a truly enriched life experience—where their loved ones can permanently age in place and thrive with superior safety, social engagement, medical, and financial outcomes."

Waveny boasts three residency types. The Inn features fashionable apartments for active, independent-minded seniors who appreciate the safety of having priority access to Waveny's full continuum of healthcare services. The Village



combines assisted living with memory care delivered by a highly qualified nursing team and medical director; residents enjoy vibrant daily programs and activities on the renowned indoor "Main Street"—including live music,

art, and dining. And the highly celebrated Waveny Care Center features a five-star skilled nursing facility with rehabilitation and physical therapy.

Waveny's medical model in assisted living and skilled nursing provides expert, compassionate care 24/7. As healthcare costs rise, many seniors worry that they may outlive their retirement savings. Explains Henry, "Once our residents join Waveny, they become family and know that they will have the best uninterrupted care available at all levels, and a financial safety net for ongoing, often unanticipated needs."

The Power of Social and Cultural Connections

Medical research has shown that seniors who are meaningfully engaged with like-minded people—conversing, laughing, taking classes, and sharing meals—stay healthier longer. At Waveny, these clinical studies are the

bedrock of the organization's leading-edge programming. "Social engagement, the arts, and lifelong learning can be powerful modalities, especially for those requiring personalized therapy," says Henry. He recalls a resident with severely impaired verbal skills. A staff dance therapist began working with him, play-

ing the music and songs of his youth, and encouraging him to remember the simple joy of dancing. "Over time, she was thrilled to hear him first singing, then dancing," Henry says. "Eventually, he began to regain greater verbal skills."

Whether someone is fully active and independent and wants to know expert caregivers are nearby, seeks top-notch therapy in order to return home, or needs more acute medical intervention involving memory improvement, home care, or skilled nursing, the celebrated Waveny team warmly invites them to become part of their family.

Waveny
LIFECARE NETWORK

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