

A Personalized Approach to Preventing, Detecting, and Treating Breast Cancer

The highly credentialed team at Regional Cancer Care Associates (RCCA) knows that every woman—and every cancer—is unique.



“Breast cancer touches so many women,” says Dr. Maurice Cairoli, a medical oncologist at the Mount Holly office of RCCA.

“And women should know that every aspect of breast cancer prevention, detection, and treatment can and should be personalized,” adds medical oncologist Dr. Rachel Levenbach.

At RCCA, it starts with prevention. Patients are evaluated for personal risk based on family history, estrogen supplement usage, obesity, and other factors. Every patient, especially those who are at increased risk, receives tailored recommendations for when to begin mammograms and how often to get them. Some patients are even appropriate for a preventive oral medication that can reduce their risk of getting breast cancer.

“Because we’re in a private practice, we can spend the time to talk with patients about their individual situation,” says Dr. Levenbach. “We encourage patients to know whether they’re at a higher risk and to be followed closely by their primary doctors and gynecologists, as well as to perform breast self-exams.”

“Our care is very one-on-one,” says Dr. Cairoli. “There’s no buffer between the physicians and patients like there often is at larger academic institutions. We’re literally taking care of our own community members.”

The Care of Tomorrow

RCCA offers the same top-quality care and state-of-the-art chemotherapy modalities that are available at larger institutions but within a welcoming, convenient environment.

Through access to clinical trials, patients can benefit from cutting-edge therapies that are not yet available to the general public while also contributing to the greater good of cancer care.

“In oncology, we rely on clinical trials to guide the best therapies for the future. By participating in a clinical trial, patients are helping to define what will become the standards of care for their daughters and granddaughters,” says Dr. Cairoli.

A Collegial Approach

Though owned as a private practice, RCCA is part of a larger network with 26 locations throughout New Jersey and Maryland that work together in establishing optimal cancer care guidelines.

In addition to breast care, the Mount Holly physicians are well-versed in all types of cancers and meet weekly to discuss each patient’s treatment and progress.

“We also interact with physicians of other disciplines who are involved in a patient’s care, such as radiation oncologists and surgeons,” says Dr. Cairoli. “Our collegial approach facilitates ongoing education and intellectual growth that leads to the best possible care for each patient.”



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