



With 14 communities throughout Massachusetts and another in the works, Senior Living Residences (SLR) has been elevating the industry to new levels since it was founded 25 years ago.

"We're not the typical assisted living company," says Lee Larkin, one of the principals at SLR. "We're constantly challenging ourselves by asking, 'Is there a better way to provide an even higher quality of lifestyle and care?' The result is a long history of creating progressive, research-based programs."



## Not Your Grandmother's Assisted Living

**Senior Living Residences is a creative, innovative, and forward-thinking organization that continues to raise the bar in assisted living programming.**

### Cutting-Edge Programs

To meet the unique needs of those beginning to show signs of dementia, SLR piloted a program called *ConnectedLIFE* at Cornerstone at Canton last year. This therapeutic program tailors activities to those with mild cognitive impairment, helping them to maintain connectedness, independence, and confidence during a time that can otherwise feel isolating and frustrating. The program will extend to their Westfield and Dorchester communities later this year.

In the same vein, the *Reconnections* program—created at Concord Park and now offered at every SLR community with a Compass Memory Support Neighborhood®—delivers a 52-week

curriculum based on research that cognitive stimulation may slow the progression of Alzheimer's disease.

At Goddard House in Brookline, *Growing the Farm* is an innovative urban farming program that features raised vegetable gardens, egg-laying chickens, and a beekeeping area. In partnership with a professional farmer, residents are invited to collect eggs and harvest produce that is then incorporated into the kitchen's menu.

Also in dining innovation, SLR was the first assisted living company in the country to implement a research-based Mediterranean diet into meal offerings. Called *Brain Healthy Cooking*, the program was launched at Compass on the Bay in 2009, and today, the scientifically proven brain-boosting menu is a mainstay at every SLR community.

Larkin concludes, "We believe that with our leadership role comes a responsibility to share our knowledge widely. We are committed to offering several really impactful and free public education programs, including our *Brain Healthy Cooking* and *Building Dementia Friendly Communities* programs."



### SENIOR LIVING RESIDENCES COMMUNITIES

**ARMBROOK VILLAGE**  
Westfield, MA

**THE CAMBRIDGE HOMES**  
Cambridge, MA

**CAPE COD SENIOR RESIDENCES**  
Bourne, MA

**COMPASS ON THE BAY**  
S. Boston, MA

**CONCORD PARK**  
Concord, MA

**CORNERSTONE AT CANTON**  
Canton, MA

**CORNERSTONE AT MILFORD**  
Milford, MA

**FORESTDALE PARK**  
Malden, MA

**GODDARD HOUSE**  
Brookline, MA

**METHUEN VILLAGE**  
Methuen, MA

**NASHOBA PARK**  
Ayer, MA

**NEVILLE PLACE**  
Cambridge, MA

**STANDISH VILLAGE**  
Dorchester, MA

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