



COMPASSIONATE, CUTTING-EDGE FERTILITY CARE MAKES DREAMS COME TRUE

Missouri Center for Reproductive Medicine (MCRM) is proud of its cumulative ongoing pregnancy rate of 60.3 percent. It's the highest success rate in Missouri and is significantly higher than the national average of 49 percent.

Dr. Peter Ahlering, a board-certified OB-GYN with nearly 20 years of experience, launched MCRM in 2013 to provide patients with the latest technology at the lowest possible cost. Dr. Mira Aubuchon, a board-certified doctor in reproductive medicine with 12 years of experience, furthered the team's development when she joined in 2016.

Ahlering attributes MCRM Fertility's success first and foremost to the personalized approach he and his team provide.

"Most facilities follow a standard, cookie-cutter approach," he says. "We dig deeper to find the causes of infertility, and we use science and technology not available elsewhere to help patients who may be feeling emotionally drained and hopeless."

The first step for any patient is evaluation and screening of the fertility potential of involved parties. Dr. Ahlering then recommends the treatment options with the highest likelihood for success.

TREATMENT OPTIONS

"The most commonly performed procedures at MCRM are assisted reproduction treatments such as intrauterine insemination [IUI] and in vitro fertilization [IVF]," says Dale Bader, Marketing Director. "IVF is usually the most successful and cost-effective treatment available, and it's appropriate for patients

with a wide variety of infertility factors."

The clinic also offers IUI or IVF using donor eggs, sperm, or a gestational carrier. Such options are appropriate for anyone struggling with specific infertility factors, gay and lesbian couples, and singles who wish to become parents.

Bader also says that preservation of current fertility for future purposes is growing in popularity as some women wish to delay motherhood until a time more suitable for their overall lifestyles.

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ADVANCED TECHNOLOGY TREATMENT OPTIONS

MCRM is also a pioneer in the use of advanced fertility technology and is one of only a few dozen fertility clinics in the country to use EmbryoScope® technology.

"The EmbryoScope is a combined incubator and camera system that allows the details of embryo development to be observed as a time-lapse movie," says Ahlering. "Observing embryo development

is critical in order to select the highest quality embryos for either transfer into the patient or for cryopreservation." Scientific studies indicate improved success rates with the use of this technology.

MCRM is also using new technology to ensure the sperm used in IVF are of the highest quality possible; the Magnetic Nanobead Selection Process shows promising results regarding the deselection of sperm in the early stages of decay or with DNA damage.

"This kind of specialized sperm selection has resulted in a 75 percent pregnancy rate among patients who have used it," Ahlering says.

"When we are successful, you see patients who seem so different than when they first walked through our door," Bader adds. "They are joyous, full of life, and the happiest they can be."

And Bader should know. He and his wife became parents themselves with MCRM's help.

"It's a wonderful, life-changing experience to be a part of," he says.



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