



Alexander Pediatrics is currently accepting new patients from birth to 18 years old.

KEEPING KIDS HEALTHY IN COVID TIMES

Whether navigating a pandemic or treating common childhood illnesses, **Alexander Pediatrics** is a safe and trusted guide for all pediatric needs.

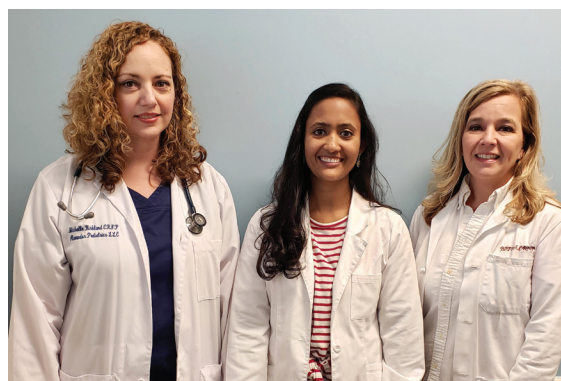


Alexander Pediatrics has been an invaluable resource in the River Region for more than 30 years. Now more than ever, the team is committed to providing safe and accessible healthcare for the beloved community it serves.

"These are hard, scary times," acknowledges Dr. Jenny Alexander, owner of Alexander Pediatrics and a mother of four young children. "We understand that it's difficult to juggle all the demands on both parents and children right now. Parents often ask our opinion on how to navigate this public health crisis, and we help them consider all their individual factors when making the best decisions for their family."

Dr. Alexander stresses the importance of maintaining regular well-checks to keep children's vaccinations up to date and to ensure they are meeting developmental milestones.

"We also want to make sure



From left: Michelle Kirkland, FNP; Jenny Alexander, M.D.; Jill Fitch, FNP

our patients' mental health is OK amid the pandemic," she says. "My patients are like my own kids, and I truly want the best for them."

Safety First

Supported by nurse practitioners Michelle Kirkland and Jill Fitch, Alexander Pediatrics is taking every safety precaution to mitigate the spread of COVID-19 and other communicable diseases. Morning appointments are dedicated to

healthy visits, while afternoon appointments are reserved for sick patients.

Both rapid and PCR COVID-19 tests are available. Patients are reminded to quarantine themselves until they receive results.

"We all have a responsibility to stop the spread of this virus," Dr. Alexander says. "The ways to do that are to wear a mask, limit where you're going, and social distance. People should follow the rules for isolating if they have tested positive."

Dr. Alexander also encourages families to not avoid treatment of non-COVID illnesses. "Illnesses like strep throat and ear infections are still happening, and it's important to have your child assessed when they're showing symptoms," she says.

When appropriate, telemedicine appointments are available, particularly for patients with ongoing yet stable management of conditions such as asthma and eczema or for some follow-up visits.

"Being a healthcare provider in these unprecedented times is an honor," Dr. Alexander concludes. "It can be intimidating because we're being exposed to a deadly virus and potentially exposing our own families. But someone has to do it, and I wouldn't change my role in this. I am proud of my staff and practice for standing through these

times together. Many years from now, I hope that my grandchildren will be proud that I was part of the solution."



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