



Pamela Kimbrough, MD

**COMMITTED TO QUALITY, FULL-SPECTRUM WOMEN'S HEALTHCARE SERVICES**

**Team addresses gynecological, wellness, and cosmetic concerns in life cycle-oriented practice.**

“Life’s Cycle Women’s Care isn’t like other medical practices,” says Pamela Kimbrough, MD, board-certified OB-GYN, and owner of Life’s Cycle. “We offer services and procedures for a woman’s entire life cycle. We cover not only gynecologic health but also hormone therapy and cosmetic services in a vibrant and comfortable environment.”

**Gynecological Services**

Life’s Cycle gynecology services provide comprehensive care to women of all ages and in all phases of life. Services include well-woman exams, genetic testing, cancer screening, infertility treatments, birth control, in-office surgery, and more.

“We are committed to delivering quality, individualized treatment to all of our patients,” Kimbrough says. “And today a large part of what we do is minimally invasive surgery.”

Minimally invasive surgery options include hysterectomies and treatment for pelvic floor relaxation. Most such surgeries are performed with robotic technology, which significantly speeds up and improves recovery.

**Hormone Replacement Therapies**

Geared toward men and women of all ages, bio-identical hormones (which are customized to a patient’s particular needs) are helping to

improve lives while diminishing and, in some cases, eliminating symptoms like hot flashes, mood swings, and fatigue. Most are delivered via creams, tablets, or sublingually, but the popularity of SottoPelle®, a subdermal pellet implant, is exploding.

“SottoPelle is highly effective and highly vetted. In use for more than 20 years, studies prove its effectiveness and safety,” says Kimbrough. “In addition to treating the symptoms that frequently accompany menopause, SottoPelle significantly improves energy, thinking and cognition, and libido. In addition, it is cardioprotective, improves bone density, and helps some patients lose weight. It also improves physical performance.”

**Cosmetic Services**

“For many women, going to the gynecologist has long been a source of dread,” says Jo Fuller, Nurse Practitioner, MSN, APRN-CNP. “Now, though, because of the extra services we offer that make patients feel good about themselves, they can enjoy it. We try hard to make

everyone feel comfortable.

“We offer Botox®, Juvaderm®, and other options for facial rejuvenation. In addition, CoolSculpting® is a painless, noninvasive fat removal procedure that offers permanent results and is an alternative to liposuction,” says Fuller. “Our patients are receiving unbelievable results with no downtime and no need for surgery.”

Peggy Dickson, Dermatology Nurse Assistant, administers most of the other cosmetic procedures Life’s Cycle Women’s Center offers, including microdermabrasion, chemical peels, laser treatments, medical makeup and skin care products, and photo rejuvenation.

“We can help with almost any skincare issue a patient has. It’s both exciting and rewarding to see patient reactions when we take years off their skin with all the options we have available,” she says.

Kimbrough agrees. “I’ve been in practice for 27 years. My patients and I have grown up and aged together; we’ve built relationships. And now I’m seeing second and third generations enter our practice. Nothing feels as good as that.”



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