

RHODE ISLAND HEALTHCARE PROFILES

Your Skin. Our Expertise.

Rhode Island's premier dermatology practice specializes in skin cancer and Mohs surgery.

Each year, more than one million Americans are affected by skin cancer, and over a lifetime, one in five will be diagnosed with basal cell carcinoma, squamous cell carcinoma, or melanoma. For those who have already dealt with skin cancer, the risk of recurrence is high.

"Fortunately, most skin cancers can be cured if they're caught early," says Dr. Antonio Cruz, founder of Rhode Island's SkinPros. "Available treatments are better and less invasive than ever before, and we partner with patients to ensure they understand their options and that the decisions they make are well informed. Many times surgery can be avoided altogether; when it can't, we have the experience necessary to ensure thorough, aesthetically pleasing results."

Education and Prevention

Of course, catching skin cancer early—or better yet, avoiding it completely—is preferred, and thorough, routine screening is critical.

Dermatology Physician Assistant Mark Trott puts it this way: "You can let your skin manage you, or you can manage your skin. At SkinPros, our goal is to help patients proactively manage their skin."

Initial screenings, he adds, include a head-to-toe examination as well as a review of risk factors, such as skin type, family history, age, sun exposure, exposure to ultraviolet radiation, and type and quantity of moles.

SkinPros uses blue and red light photodynamic therapies to treat any moles deemed to be precancerous lesions. Benign moles are considered cosmetic issues and are removed via laser treatment or surgical excision.

"Anyone seeking to diminish their risks should avoid the sun between 10 a.m. and 4 p.m., refrain from using tanning beds, apply a broad-spectrum SPF sunscreen of at least 30 to the face and other exposed skin, cover up the arms and legs with protective clothing, and wear a hat and sunglasses whenever possible," Trott suggests.

Skin Cancer Treatment

SkinPros uses leading-edge technology—dermoscopy—to better and more quickly assess suspect moles. When skin cancer is detected, common treatment options include prescription medicated creams, surgical excision, cryosurgery, curettage and desiccation, radiation therapy, and Mohs micrographic surgery. For cancers on cosmetically or functionally sensitive areas—especially the face—Mohs micrographic surgery is considered the gold standard. "The Mohs technique allows us to conserve skin, which results in smaller scars. Laser procedures can further enhance cosmetic outcomes if necessary," Dr. Cruz says.

Dr. Cruz—board certified in dermatology and fellowship trained in Mohs micrographic surgery, dermatologic surgery, and cutaneous oncology—performs nearly 2,000 Mohs procedures annually. He is also an assistant professor of dermatology and associate program director of micrographic surgery and dermatologic oncology, teaching the next generation of physicians how to use the procedure to deliver the highest cure rates and best cosmetic results.

"When I perform surgery, I want it all. I want the cancer cured, and I want the best aesthetic outcomes. I want the patient who comes to my office with cancer to leave cancer-free."



Providence | 401-272-2724
1287 North Main Street
Providence, RI 02904

Cumberland | 401-272-2724
175 Nate Whipple Hwy
Cumberland, RI 02864

Newport | 401-272-2724
29 Powel Avenue
Newport, RI 02840

skinpros.com



Antonio Cruz, MD, FAAD, FACMS

- Clinical Assistant Professor of Dermatology, Alpert Medical School
- Associate Program Director of Micrographic Surgery and Dermatologic Oncology Fellowship, Roger Williams Medical Center
- Adjunct Clinical Assistant Professor, Tufts University School of Medicine



Mark Trott, MHP, MBA, PA-C

- Adjunct Clinical Instructor, Tufts University School of Medicine
- Adjunct Clinical Assistant Professor, Johnson and Wales University PA Program

Best-in-Class Cosmetic Procedures

SkinPros also offers an array of general, laser, and cosmetic dermatologic procedures, including the latest skin rejuvenation and anti-aging treatments, dermal fillers, and resurfacing treatments. Conditions including acne, rosacea, eczema, and psoriasis are also treated.