

CAPITAL DISTRICT HEALTHCARE PROFILES

# Smile Like You Mean It

Respected Albany-area practice makes orthodontia efficient, accessible, and state-of-the-art for all.



**ADIRONDACK ORTHODONTICS**  
DR. SERGEY BERENSHTEYN



**ALBANY OFFICE**  
1465 Western Avenue  
Albany, NY 12203  
518-512-3001

**CLIFTON PARK OFFICE**  
939 Route 146, Building 400, Suite 4  
Clifton Park, NY 12065  
518-631-9771

**LATHAM OFFICE**  
713 Troy-Schenectady Road, Suite 127  
Latham, NY 12110  
518-724-0700

[adirondackorthodontics.com](http://adirondackorthodontics.com)

Since 2012, Adirondack Orthodontics has been helping patients create the smiles of their dreams. For some, it's a goal that seems out of reach. But thanks to the efforts of Drs. Sergey Berenshteyn and Larisa Takhalova, Greater Albany families face fewer obstacles than ever in the pursuit of a healthy, attractive smile.

#### PUTTING PATIENTS FIRST

"Our goal is to provide an exceptional patient experience in a relaxed, fun environment. We truly enjoy what we do, and we do everything possible to make ourselves available and accessible to our patients where and when it is most convenient for them," Dr. Berenshteyn says.

With three convenient locations, "chances are there's an office within minutes of where you work, live, or study."

During initial visits, thorough exams are conducted, diagnostic findings are reviewed, and potential treatment options are discussed. In most cases, patients can start their orthodontic treatment on the day of their initial consultation.

#### COST CONTROL

Traditional views of orthodontic treatment often evoke feelings of a daunting undertaking. Bulky braces, multiple appliances, poor aesthetics, and high treatment costs are the perceived norm. Here at Adirondack Orthodontics, we pride ourselves on our ability to limit the perceived barriers to achieving the beautiful smile people want and desire. To better serve our patients, we participate with most insurances (see our website for further details), help our patients plan their Flexible Spending Accounts (FSA), and offer a variety of flexible, interest-free payment plans.

#### SMILE OF THE FUTURE

Orthodontics has become a cutting-edge discipline, and all these innovations mean that we can offer our patients the very best the industry has to offer. Here are just a few of the state-of-the-art diagnosis and treatment options you can take advantage of at Adirondack Orthodontics:

**3D Digital Impressions with iTero®:** The iTero® digital scanner replaces the old messy method for taking teeth impressions. Thanks to iTero®, your diagnostic experience is healthier, more comfortable, and more reliable. As an additional bonus, you can see a simulation of what YOUR teeth will look like at the end of treatment.

**Discreet Teeth Straightening with Invisalign®:** The revolutionary development of Invisalign® clear aligners has made it easy to straighten your teeth without disrupting your lifestyle. Invisalign®'s aligners are removable, which means you can eat and drink anything you want without worrying about damaging your orthodontic appliance. You can straighten your teeth without your friends or coworkers noticing.

Drs. Berenshteyn and Takhalova are committed to staying on the forefront of the latest developments in orthodontics. Both are board-certified orthodontists, hold memberships in various orthodontic societies, and attend lectures and conferences around the world. "We are members of our community; we live and work where we practice. It is great to see our patients smiling with confidence!"