

CAPITAL DISTRICT HEALTHCARE PROFILES

Life Begins at Home of the Good Shepherd

LOCAL SENIOR LIVING PROVIDER TAKES PRIDE IN OFFERING A FULL SPECTRUM OF RESIDENTIAL OPTIONS AND A HIGH QUALITY OF LIFE.



“Our residents are No. 1. We strive every day to make sure they’re happy.”

Since 1870, the Home of the Good Shepherd has provided safe and welcoming senior living housing in and around Greater Saratoga Springs. Today, the nonprofit organization affiliated with the Bethesda Episcopal Church operates five senior living communities in the region, all licensed by the state of New York and offering residents a full spectrum of services, from assisted living and skilled care to memory care.

RESIDENTIAL OPTIONS

Good Shepherd is one of the few regional organizations to offer enhanced assisted living units in each of its communities. The units allow residents to age in place by providing those in need of extra assistance with access to many of the services found at skilled nursing homes, including medication management, transportation to doctor’s appointments, housekeeping, and help with incontinence, ambulation, and transferring. Such services are especially useful for residents coming from rehabilitative or hospital stays, says Admissions Coordinator Courtney Lampert. “The hope is that residents might move to the assisted side of the community when they’re recovered,” she adds.

For seniors with Alzheimer’s disease or dementia, the Home of the Good Shepherd offers the region’s most sought-after memory care residences. The organization’s Malta community has 16 rooms dedicated solely to memory care, and in 2017, Good Shepherd opened an entire building in Saratoga Springs for residents with memory care needs. With 42 private rooms (including baths), a high staff-to-resident ratio, round-the-clock care, and safe, beautiful grounds—including a fully enclosed outdoor courtyard—Good Shepherd prides itself on offering customized care programs that keep residents active and alert and that help slow the progression of memory loss.

TOP-QUALITY CARE, COMPETITIVE PRICING

Perhaps the most appealing aspect of Home of the Good Shepherd communities is that they’re not only focused on physical and medical care; they’re focused on delivering a high quality of life, too. On-site activities, live entertainment, exciting outings to places like the Saratoga racetrack and casino and Lake George, and exceptional dining services are available to Good Shepherd residents. In fact, each building has its own culinary staff that partners with local food sources and registered dietitians to create fresh, healthy, and tasty cuisine like rack of lamb and risotto, homemade buttermilk pancakes, gourmet cheeseburgers, and Maine lobster mac and cheese. For residents with restricted diets, Good Shepherd’s culinary staff has created one of the top pureed food programs in the region, and the staff excels at preparing therapeutic diet meals as prescribed by physicians.

At competing, for-profit assisted living communities, a la carte services like modified diets and special attention to residents’ specific needs quickly add up in cost. At the Home of the Good Shepherd, “our level of care and pricing are very competitive, and everything is included in our price,” Lampert says. “Most important of all, our residents are No. 1. We strive every day to make sure they’re happy.”



ADDITIONAL LOCATIONS:

Malta Residence 26 Rock Rose Way, Malta, NY 12020 | 518-581-2800

Moreau Residence 198 Bluebird Road Moreau, NY 12803 | 518-792-1000

Wilton Residence 60 Waller Road, Wilton, NY 12831 | 518-580-0702

Memory Care Residence 390 Church Street, Saratoga Springs, NY 12866 | 518-584-3317