

## WICHITA HEALTHCARE LEADERS

In every community in which they practice, for every patient and family they serve, the physicians of Cypress Heart strive to provide the best in quality cardiac and vascular care.



## LEADING HEART CARE CLOSE TO HOME

While heart disease and stroke continue to rank among the top causes of adult deaths in Kansas, the dedicated physicians of Cypress Heart are seeking to make a difference by serving those local communities otherwise lacking quality cardiac care. The group's team of four board-certified cardiologists emphasizes the benefits of a healthy lifestyle for the prevention of cardiovascular disease and utilizes the latest technologies available in the evaluation, diagnosis, and treatment of cardiovascular conditions including coronary artery disease, congestive heart failure, peripheral vascular disease, and structural heart disease. Based in Wichita, the group performs considerable outreach, traveling regularly to clinics throughout the state, counseling and providing healthcare to patients close to their homes.

"What we do—traveling to see our patients—is more than just a mere convenience for our patients," says Ryan Beard, MD, a partner in the practice. "It saves them travel time and money, it's good for the communities we serve, and it helps grow access to healthcare in our more rural communities."



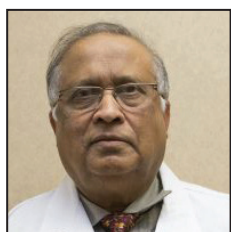
Ryan Beard, MD



Ahmad Qaddour, MD, FACC



Ahmad Daraghmeh, MD



Pronab Sensarma, MD

### Prevention and Early Identification of Risk Factors

Beard and his colleagues share in the belief that the prevention of heart-related diseases, the early identification of risk factors, and the response to those risk factors are the keys to a healthier population.

"We are comprehensive in the services and treatments we provide, and we'll use whatever tools will bring about the most significant improvements. Prevention and the identification and monitoring of risk factors are a big part of that," Beard says. "Lifestyle changes like eating a healthy diet, getting an appropriate amount of physical activity, and managing stress can be as impactful as prescription medication and interventional procedures, and we spend a lot of time counseling patients in these areas. Such actions may impact not only a patient's quality of life but even his or her life expectancy."

The Cypress Heart team also pays special attention to patients with diabetes and female patients who may exhibit atypical symptoms or symptoms that can be easily mistaken as indicators of other conditions.

### Innovations in Cardiac Care

Cypress Heart doctors are proud to offer a wide range of state-of-the-art diagnostic procedures and treatments. New approaches in interventional cardiology include improved stent placement guided by the use of ultrasound and blood flow measurements inside coronary arteries, minimally invasive valve replacement without surgery, and drug-coated balloons for the treatment of peripheral vascular disease. Meanwhile, a full array of advanced diagnostic and screening technologies are making cardiac treatment more timely, effective, and efficient than ever before, while a host of non-invasive testing such as echocardiography, Holter monitoring, and stress testing make screening and treatment easier and safer.

"In the future, I expect procedures will become even less invasive and come with better recovery time and outcomes," Beard predicts. More notably, he suggests, the incidence of heart attack and stroke should decrease as heart health moves even more toward prevention and early identification.

"Don't trust your heart health to just anyone," Beard concludes. "The cardiologists of Cypress Heart practice patient-centered care and are committed to delivering the highest quality care possible."



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