



Patient-Centered Medical Rehab Center Dedicated to Excellence



Elim Park delivers comprehensive short-term rehabilitation.

Hip fractures, heart attacks, and strokes are just a few of the cases that make their way to the Elim Park Health Care and Rehabilitation Center, a nonprofit facility. Because of the center's excellent outcomes and high demand, an increase in short-term rehab capacity was necessary and recently completed.

Nicole Caccamo, Director of Business Development, credits Elim Park's strong reputation to low re-admission rates, short lengths of stay, staffing ratios higher than the national average, and quality interdisciplinary, patient-centered care.

Goal-Based Care Planning

At Elim Park, patient-centered care dictates treatment plans, and an interdisciplinary team of nursing, rehabilitation, life enrichment, and social work professionals collaborate with residents, physicians, and families to ensure all goals are aligned. Initial planning takes place within 24 hours of intake, at which time a goal discharge date is also determined.

Caccamo explains that being proactive on the front end of the process shows its value in the outcome and is one of the reasons Elim Park can send patients home sooner.

Rebecca Kahn, OTR/L, describes the

center's care as a blend of clinical and rehabilitation services including physical, occupational, aquatic, and speech therapies that help residents become proficient in both the necessary and desirable activities of daily living. "Goals might include climbing stairs, showering, and dusting, as well as babysitting for their grandchildren or playing bridge with friends," she says.

Elim Park is proud, she adds, to deliver three times more daily therapy than the national average.

Providing an Active Life and Peace of Mind

In addition to its excellent reputation and outcomes, Elim Park Health Care and Rehabilitation Center is in close proximity to four regional healthcare systems.

Amenities at the resort-like campus include the Nelson Hall Performing Arts Theater on campus, an indoor swimming pool and jacuzzi, two restaurants in addition to chef-prepared tableside dining, a grocery market, on-site transportation, and housekeeping and laundry services.

For residents in the center's short-term rehabilitation program, the transition to home is made easier as the result of a home evaluation process. "Elim Park staff

will go with the client to his or her home to ensure the environment is safe and ready for their return," Caccamo explains.

Caccamo also urges anyone who is interested—now or in the future—in all that Elim Park has to offer, to visit. "See our breathtaking campus for yourself and be sure to talk with our knowledgeable and friendly admissions team to learn all we can do to make your time at Elim Park Health Care and Rehabilitation Center as easy and restorative as possible."

Outpatient Services

Community members are invited to use the center's outpatient therapy services. Outpatient aquatic therapy, in particular, is useful for increasing strength and flexibility, pain reduction, and balance and coordination and is recommended in treating a myriad of conditions. Outpatient therapy is available by appointment.

