AS SEEN IN HOUSEKEEPING WOMAN'SDay redbook

# 5 Minutes with Dr. Medina

### The Vein Solutions Go-To Guy Victor A. Medina, MD, FACS

Fellowship-Trained Vascular Surgeon

## Take the **LEG HEALTH SURVEY**

Do you have visible "road-map" varicose veins?

Yes 🔿 No 🔿

Do you have heavy, aching, throbbing pain in your legs?

Yes O No O

Do your socks leave an indentation around your ankle?

Yes O No O

Do you have a rash or discoloration at the ankles?

Yes No 🔍

Do you have a full, tight feeling in your calves?

Yes No 🔍

Do you elevate your legs at the end of the day for comfort?

Yes No 🔍

If you answered YES to any of these, it would be a good idea to come in for a simple leg vein check-up.

> Schedule Your Leg Vein Check-Up By Calling **919-851-5055**

### An estimated 40–65 percent of adult men and women in the U.S. suffer from a common leg vein disorder called venous insufficiency.

enous insufficiency occurs when the valves in the leg veins weaken and fail to carry blood back to the heart sufficiently. The disorder results in varicose veins, leg pain and swelling, pronounced ankle veins, and discoloration, and is aggravated by pregnancy, excess weight, prolonged sitting or standing, high-impact activities, and age.

But there is good news: Venous insufficiency is easily treatable, and most insurance plans cover related costs.

#### **Professional Treatment**

Triangle Vein Clinic (TVC) is a leader in the treatment of venous insufficiency and varicose veins. Founded by Dr. Medina in 1991, it was the first vein clinic in the Triangle area, and since that time, he and his highly trained staff have treated thousands of patients successfully.

TVC is fully accredited and certified by the Intersocietal Accreditation Commission as well as accredited by the American College of Radiology for its ultrasound services. Not only do many doctors refer their patients to Triangle Vein Clinic, it's also the clinic of choice for doctors and nurses who are in need of treatment for venous insufficiency and varicose veins.

### **Proven Results**

"We stay on the forefront of new treatment technologies and offer a wide range of procedures proven to be the most beneficial to our patients," Dr. Medina notes. "There's no need to suffer when excellent therapies are readily available right here at Triangle Vein Clinic."

The procedures Dr. Medina uses are minimally invasive with little to no discomfort, and all are performed in the comfortable and convenient TVC medical suites. Patients typically see and feel positive results in a short time, and most can return to regular activities within 24 hours.

"Venous disease does not improve on its own and can significantly worsen over time," Dr. Medina advises. "The sooner we can diagnose the problem and complete treatment, the better."

### Why wait? You can have healthier legs that feel better and look better, too.

Take the first step and call **919-851-5055** for your leg vein check-up today. Bring in this page and save 50 percent on your initial examination and consultation.



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