



Breast cancer high-risk factors and prevention

Important consultations for patients at risk
Certain risk factors can increase your chance of developing breast cancer. If you have any of the following risk factors, it's important to schedule a consult with a specialist in the High-Risk Breast Program.

- Risk factors:**
- Family history of breast or ovarian cancer – especially an immediate relative (mother, sister or daughter) or multiple blood relatives (grandmother, aunt or cousin diagnosed under the age of 60)
 - Breast cancer in a male relative
 - Genetic testing indicating gene mutation (BRCA1, BRCA2, etc.)
 - Precancerous breast biopsy
 - Chest radiation under the age of 30 to treat cancer
 - High breast density (≥50% density indicated on a mammogram)

- Additional risk factors:**
- Early onset of first menstrual cycle
 - Late onset of menopause
 - Use of estrogen-containing drugs
 - Lifestyle behaviors and habits

To schedule a consultation, ask for a high-risk breast nurse navigator at **913-574-1594**.

©The University of Kansas Cancer Center



Dr. Anne O'Dea and Dr. Lauren Nye are medical oncologists and physician scientists who specialize in the prevention and treatment of breast cancer.

“The best way for us to cure breast cancer is to prevent it.”

- Lauren Nye, MD

The best breast cancer survival rates are found at the region's only National Cancer Institute-designated cancer center: **The University of Kansas Cancer Center**. It takes a team of experts to treat breast cancer and we have the region's most subspecialists at The Women's Cancer Center – the area's only facility dedicated to treating women with breast and gynecologic cancers. Here, you'll have access to the most promising clinical trials and leading-edge treatments first – often before other local facilities. If you've been recently diagnosed, a specialist will see you within 24 hours. **Why trust your life to anyone else?**



THE UNIVERSITY OF KANSAS
CANCER CENTER

If you've been recently diagnosed, see a specialist within 24 hours by calling **913-574-1594**.
Learn more by visiting [kucancercenter.org/prevent](https://www.kucancercenter.org/prevent).