



PERSONALIZED PAIN MANAGEMENT

ECPC Pain Specialists team maximizes relief while minimizing risk.

Photo by: Reggie Thomas

Whoever originally coined the phrase “time heals all wounds” probably wasn’t living with a chronic pain condition. Time, though, is a major component of the treatment patients receive at ECPC Pain Specialists, which has numerous clinic locations throughout North Carolina. The doctors and physician extenders with ECPC take extra time to listen to their patients, creating treatment plans as unique as each person they see.

“Even in this busy world of medicine, with all of the other obligations we have, we do our best to sit down and make sure that the patient’s needs and concerns are met each and every time,” says Dr. Dave Eichman, a physician with ECPC pain treatment centers in and around Hickory, North Carolina. “It sounds simple, but it’s a big part of what makes us different from other practices.”

A FULL SPECTRUM OF TREATMENTS

Addiction to opioids has been a story of national concern for years now, and many patients are wary of using opioids to manage their pain. The physicians at

ECPC’s comprehensive pain clinics work to minimize the risk of addiction among patients to whom they are prescribed.

“Our goal is to minimize the amount of opioids that are out there and prevent people from having to take those medications,” Eichman says. “We’re too keenly aware of the adverse effects of those medications.”

New patients at ECPC pain clinics undergo a thorough medical history review and opioid risk profile to determine whether or not they would be appropriate candidates for opioid medications, as well as what kind of opioid would make the most sense (if any). Patients who are prescribed opioids are closely monitored and follow strict rules.

However, opioids are often not part of the treatment plan. Instead, methods such as injection therapies, nerve ablation, neuromodulation, and implantable technologies help minimize or eliminate pain. ECPC physicians work closely with their patients’ referring physicians, surgeons, and physical therapists to determine the best treatment modality for each of their patients.

ECPC physicians understand that chronic and acute pain can affect the mental health of those who suffer such conditions and regularly coordinate with psychological care providers. “We know that anxiety and depression go along with pain,” Eichman says. “If one of those symptoms is out of control, then the other one will be out of control as well. There are plenty of patients in our population who need help with their anxiety, depression, or pain-coping skills to be able to adequately respond to treatments.”

Physical and emotional pain detract from quality of life. For those who are suffering, now is the time to reach out to ECPC Pain Specialists.



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