

## NEW YORK CITY HEALTHCARE PROFILES



Dr. Alexandre B. de Moura, MD, FAAOS



Dr. Angel Macagno, MD, FAAOS



Dr. Peter Passias, MD, FAAOS

# We've Got Your Back

Unparalleled quality of care is the standard at New York Spine Institute.

The son of an orthopedic surgeon, Dr. Alexandre B. de Moura's passion for learning to treat spine conditions took him on a years-long journey during which he helped thousands of patients. When he landed in Long Island, Dr. de Moura brought with him a wealth of knowledge earned during his medical training at the Chicago Medical School, his residency at Temple University Medical Center, and his fellowship in orthopedic and neurosurgical spine surgery at the prestigious NYU Langone Medical Center.

Today, Dr. de Moura is a world-renowned expert on neurological and bone disorders of the spine, as well as the founder and medical director of New York Spine Institute (NYSI), Long Island's most comprehensive practice for the treatment of spine conditions. Founded in 2000, the top-notch care provided at NYSI has driven rapid growth—it now has 11 locations throughout New York and New Jersey. A trip into Manhattan is no longer needed to receive excellent care for spine conditions.

Despite its size, NYSI's physicians and physician assistants take pride in their

patient-focused approach to care. "We're always there for our patients," Dr. de Moura says. "All my patients get my cell phone number, so they know they can always reach me if they have to."

## Conservative Care, Liberating Results

Surgery is regarded as a last resort at the NYSI. Patients seen at the state-of-the-art, 11,000-square-foot Long Island facility can count on a noninvasive diagnostic approach to identifying the cause of pain, whether it's pinched nerves caused by a herniated disc, the narrowing of the spinal canal, scoliosis, or compression fractures resulting from the softening of bone that comes with age—particularly among women.

In lieu of surgery, NYSI takes a conservative approach to treatment. Treatment plans often include therapeutic methods that help relax muscles, calm down inflammation, and rebuild range of motion. These can include physical therapy, acupuncture, and injections that calm the inflammation of nerve roots.

When surgery is required, however, NYSI patients can rest easy with the

knowledge that they will receive care from physicians entrusted to serve as clinical professors of orthopedic surgery at NYU, where they stay up to date with the latest in treatment techniques and technology. "We're affiliated with NYU Langone, which is a top hospital in the country, and our patients have access to excellent care," Dr. de Moura says. "We provide patients in various locations throughout the metropolitan area access to top-notch spinal surgeons. In the event they require surgery, we're there for them."



Medical solutions for spine disorders

MAIN LOCATION: 76 Merrick Avenue, Westbury, NY 11590

**516-357-8777**

Other Locations in Manhattan, Queens, Bronx, Brooklyn, White Plains, Newburgh, and New Jersey

For more information, visit [nyspine.com](http://nyspine.com).