



# Getting Patients Back on Their Feet

Board-certified podiatric surgeon Dr. Paul Drucker of NYC Foot Care has been getting New Yorkers back to the things they love for nearly four decades.

**F**ew injuries are more debilitating than those of the feet, which is why Dr. Paul Drucker's life's work as a podiatrist has been uniquely rewarding.

For nearly 40 years, he's been a go-to expert for everything related to the foot and ankle—from surgery and sports medicine (including arthroscopic ankle surgery) to bunions and corns to diabetic and geriatric foot care. Palliative foot care, which he describes as a “heavy prediure,” is also offered to maintain the cosmetic health of the feet and nails.

“Podiatry is about helping people ambulate. If you can't walk, your entire life suffers,” says Drucker, who also serves as the chief director at Fair Lawn ASC LLC. “It's very gratifying to help people resume a normal lifestyle and get back to the things they love, whether that's sports and exercise or just everyday routines.”

## Always Advancing

Throughout his career, Drucker has had the privilege of seeing the field of podiatry evolve and advance, and he has made it a priority to stay on the cutting edge of new technologies. Advancements such as minimally invasive surgical instrumentation, leading-edge plates and screws, advanced biologicals (including platelet-rich plasma therapy), and bone stimulators have often proven helpful in ensuring his patients heal more quickly.

That said, Drucker also notes that “the latest and greatest isn't always that great,” which is why he carefully discerns which new products and procedures are most appropriate for his patients. Often, he says, it's a “back to the basics” approach that proves most effective.

## Convenience for the Patient

With seven locations throughout Manhattan, Queens, Long Island, and Northern New Jersey, Drucker has over the years expanded his footprint in the region to “bring the practice to the patient,” he says.

An on-site certified ambulatory surgical center is offered at the location in Fair Lawn, New Jersey. Some locations offer in-house extremities CT scans—which expose patients to less radiation than traditional full-body scanners—and extremity MRIs that promise a virtually silent experience.

“Having in-office diagnostics means patients don't have to schedule multiple appointments at several different locations to begin their healing process. We're able to give them answers right away,” Drucker says.

“When a patient's treatment is finished and you can get a smile on their face, that's what makes this very rewarding.”

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