

## OPEN YOUR EYES

Detroit-area plastic surgeons are using minimally invasive eye and forehead procedures to give patients a refreshed look.



**W**hen you look at someone, you're most likely to first notice their eyes, and for good reason: Eyes tell a lot about a person. They can show if someone's tired, what kind of mood someone is in, or even what that person is thinking.

That's why a growing number of men and women are turning to minimally invasive plastic surgery to enhance the areas around their eyes and forehead, opening up and brightening their faces.

"It really is an amazing change," says Evan Black, M.D., an ophthalmologist and oculoplastic surgeon. "The eyes and the area surrounding them are the first places people look. They form people's first perception of you."

Dr. Black and his colleagues Drs. Nesi, Gladstone, Nesi-Eloff, Schlachter, Kahana, and Beaulieu at Consultants in Ophthalmic & Facial Plastic Surgery, which has nine locations throughout the Detroit area, have performed tens of thousands of surgeries—not only improving patients' appearances by performing forehead lifts or by removing under-eye bags, but also helping people improve their vision by correcting sagging upper eyelids. Most procedures take just 30 to 60 minutes.

"My goal is not to give patients an entirely new look but to make them look like younger, happier versions of themselves," Dr. Black says. "Before a procedure, patients sometimes tell us their family and friends always ask them what's wrong or ask what they're upset about. After the procedure, patients say they interact with people in a more positive way. People who have always been happy now look that way."

### Center of Excellence

The physicians at Consultants in Ophthalmic & Facial Plastic Surgery have undergone extensive training to achieve their subspecialty expertise in understanding the relationship between eyelids and the eyes themselves. Dr. Black, for example, received his medical school education at the University of North Carolina at Chapel Hill School of Medicine. He also completed residency training in eye surgery, followed by an additional two-year fellowship in eye plastic surgery.

Because of the practice's niche, Dr. Black and his associates are often tapped to correct procedures from other physicians that have complications. "Doctors here are trained in corrective procedures, so we also know how to reduce the chance that complications will occur in the first place," Dr. Black says.

Being one of the area's few specialty practices, Consultants in Ophthalmic & Facial Plastic Surgery is also a training practice for new doctors and is considered a "center of excellence" for up-and-coming ophthalmic surgeons. Dr. Black himself did plastic surgery training at Consultants in Ophthalmic & Facial Plastic Surgery and has now been with the practice for more than 20 years.

"Our experience is literally tens of thousands of eyelid surgeries," Dr. Black says. "It's the combination of our training, experience, and artistic ability that helps people achieve the look they want."



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