

Taking Health and Well-Being to a Whole New Level

Healing Inspirations Center delivers an experience unlike any other.

Laura Sagrati-Jones has always been interested in health and wellness. In fact, she began her career in the field as a licensed practical nurse, working in hospitals, the hospice system, and home healthcare.

"I felt, though, that the care I was allowed to deliver was just too limited. I was spending my days passing out medications like candy at a parade, which wasn't the kind of helping I was interested in," Jones says.

It was when her husband was diagnosed with cancer that she made the decision to research alternative medicine modalities—massage as well as other holistic-based treatments and techniques intended to nurture and heal both mind and body. Jones pursued the education and training necessary (she is a licensed massage therapist) to become a provider herself. In 2015, she opened her own boutique wellness center and spa—Healing Inspirations Center—in Blue Ash.

An experience unlike any other, Jones and her fully credentialed staff offer a variety of massage experiences, from relaxing and rejuvenating to medically based and rehabilitative to couples massage and special spa days for groups. Massage outcomes are further improved through the use of Amethyst BioMats™, FDA-approved medical devices that emit negative ions and far infrared rays. BioMat technology helps reduce inflammation, a hot-button issue in today's health and wellness scene.

Beyond massage therapy, Healing Inspirations Center provides numerous

treatments and products on the cutting edge of alternative medicine.

Change Your Water, Change Your Life

Jones is one among a faithful many extolling the virtues of alkaline water—in the case of Healing Inspirations Center, Kangen Water®.

"Kangen Water is electrolytically reduced, hydrogen-rich water that restores the body to a more alkaline state, which is optimal for good health," she explains. "It is also delicious, with a pleasant, sweet flavor, and has been a staple of diets around the world for decades."

Healing Inspirations offers several Kangen Water memberships and sells Kangen Water systems for home use. Free two-week unlimited trial memberships are available for anyone interested in experiencing Kangen Water's benefits for themselves.

Halotherapy Salt Chamber Treatments

Halotherapy, also known as salt therapy, is a holistic treatment that reproduces the natural microclimate of a salt cave by dispersing a high-concentration saline aerosol in a room in which surfaces are covered with layers of salt. Such treatments are effective in the relief of numerous health problems, especially respiratory problems and skin conditions, and are safe for children who suffer from such conditions as well.

"Our clients use halotherapy to combat

colds, allergies, eczema, and psoriasis," Jones says. "Many people also find halotherapy to be relaxing and stress relieving, another pampering option that can be experienced alone or in combination with other therapies we offer."

Service Menu and Products

In addition to massages, halotherapy, and Kangen Water, Healing Inspirations Center's offerings also include biofeedback, reiki, thermography, reflexology, facials, infrared sauna therapy, sweat therapy and body wraps, and oxygen bar treatments. Products available for purchase include liposomal C, Juice Plus®, CBD oils and edibles, and a large selection of essential oils.

Jones is excited to invite anyone interested in Healing Inspirations Center's cutting-edge services to stop by and tour the facility, located in Blue Ash's Towne Square. Check the Healing Inspirations Center website for specials and events.



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