The Leading Edge of Urologic Care

Patients receive compassionate treatment from leaders in the field at Michigan Institute of Urology.

hronic health conditions generally detract from a patient's quality of life and perhaps none more so than urologic conditions. In addition to struggling with symptoms, people who suffer from overactive bladders, incontinence, erectile dysfunction, and similar conditions often find it difficult to discuss what they're going through; they may needlessly feel shame or embarrassment. What they don't know is that urologic conditions are much more common than they may think.

"We are keenly aware of the anxiety that occurs with many disease processes that lead patients to see a urologist," says Dr. Mitchell Hollander, CEO of Michigan Institute of Urology (MIU). "We let patients know that we deal with such issues on a daily basis. We know that symptoms can be embarrassing, and patients are always treated with compassion and understanding to make them feel comfortable while they are provided with the best care possible."

AHEAD OF THE CURVE

MIU is one of the largest practices of its kind in the United States and among the premier urology practices in the Midwest. What began as a small practice in 1992 in the Grosse Pointe area now has 22 office locations throughout Southeast Michigan and 47 physicians—most of whom are fellowship trained—as well as a full staff of registered nurses, nurse practitioners, medical assistants, and ancillary staff. The practice covers all subspecialities within urology, including oncology, overactive bladder, neurogenic bladder, and infertility, to name a few.

MIU is dedicated to staying on the leading edge of its field. In addition to its own research department, MIU partners with several institutions of higher learning, and MIU physicians regularly contribute to academic research. The practice's capabilities include state-of-the-art robotic surgeries for many urologic conditions. "We contribute to the literature for improving both diagnostic and therapeutic care for the world," says Dr. Hollander.

Although many of MIU's patients are referred by primary care providers or hospitals, a large percentage come directly to MIU because of the nature of the symptoms they are experiencing. Among women, incontinence, urinary urgency and frequency, and recurring infections are common. Incontinence is also common among men, as are erectile dysfunction and benign prostatic hyperplasia.

"Urologic diseases take a toll on quality of life," says Dr. Hollander. "Take overactive bladder, for example. Having to plan your life around bathroom availability is hard. Our job is to get rid of those symptoms so that you can do what you want with-



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out having to worry about where the nearest bathroom is."

While men and women may deal with different symptoms, any one of them could be an indication of an underlying issue, such as bladder or prostate cancer. "Symptoms don't always represent something benign," Dr. Hollander says. "They could be indicative of something more serious. A timely diagnosis is key."

Children aren't immune to urologic conditions, either. In addition to common issues such as bedwetting and incontinence, MIU treats kidney stones and kidney obstructions, undescended testicles, and urinary tract infections. Regardless of age or gender, MIU has a specialist for every condition.

"Our organization really tries to deliver the best urologic care possible anywhere in the world," says Dr. Hollander. "We value our patients and pride ourselves on delivering outstanding, compassionate care."



130 Town Center Drive | Troy, MI 48084
248-740-0670 | michiganurology.com