

OKLAHOMA CITY + HEALTHCARE PROFILES

## Experienced, Fellowship-Trained Orthopedic Specialist Offers Outpatient Joint Replacement



Steven Schultz Jr., MD

Oklahoma Center for Joint Replacement Surgery delivers exceptional, comprehensive care close to home.

The practice of orthopedic medicine is advancing every day with the advent of new procedures and technologies promising less invasive procedures, quicker recovery times, and better outcomes. Seeking out a physician who is a fellowship-trained specialist is crucial in ensuring a patient receives the best and most up-to-date care for his or her injury or concern.

In the Greater Oklahoma City area, patients need to look no further than the Oklahoma Center for Joint Replacement Surgery (OCJRS). The center was founded by Dr. Steven Schultz, the only fellowship-trained joint surgeon in the area and one of only a handful in the state

to offer outpatient joint replacement procedures. Dr. Schultz also provides a broad spectrum of neuromusculoskeletal care services and treatments, including partial joint replacement, revision surgery, fracture management, and sports medicine care.

"Everything my team and I do, we do in the best interests of our patients," Dr. Schultz says. "My preference is always to provide patients relief through conservative approaches first, but should they not be enough, there are procedures available—including outpatient joint replacement—that deliver excellent results with a minimum of disruption to the patient's life."

### Outpatient Joint Replacement

The prevalence of outpatient joint replacement procedures is, without question, on the rise throughout the country and without any slowdown in sight. That's largely because there are very few (if any) negatives associated with such surgeries.

Dr. Schultz has honed his skills in outpatient joint replacement for more than 14 years. Together, hip and knee replacements account for a significant portion of the procedures he performs at OCJRS. (Shoulder replacement procedures, while less common, are another critical offering.)

"A lengthy screening process to determine eligibility for outpatient joint replacement is one part of an in-depth conversation I have with every patient. Across the board, the best prospects for outpatient joint surgery are those patients who are generally healthy, active, and motivated," Dr. Schultz explains. "And we hold regularly scheduled pre-op classes here at OCJRS during which our physical therapists, nurse assistants, and I answer every imaginable question patients might have."

Outpatient joint replacements are generally deemed to be less painful—both during and after the procedure—than traditional surgeries and allow for faster, safer recovery at home. They also tend to be more affordable since no hospital stay is required and very few patients need skilled nursing, rehabilitation, or home care post-surgery.

It is important to note, however, that outpatient joint replacement is not always the best option for a patient. In those cases, Dr. Schultz, who retains privileges at several area hospitals, is likely to recommend traditional joint replacement surgery.

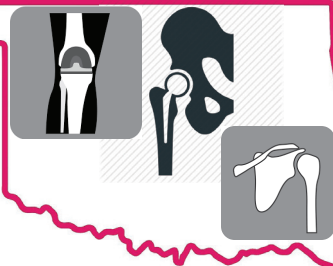
### Other Available Services

The OCJRS also offers on-site, state-of-the-art imaging services, rehab, and physical therapy. Providing comprehensive care from start to finish is the focus of Dr. Schultz and his staff.

"There are a lot of people out there experiencing unnecessary pain and discomfort," Dr. Schultz asserts. "And there's just no longer any reason anyone should have to live that way. It's my job to get you back to a healthy and happy place."

### Oklahoma Center for Joint Replacement Surgery

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