

ONCE A STROKE BEGINS,
YOU LOSE 2 MILLION
BRAIN CELLS *PER MINUTE*.

THAT'S WHY YOU NEED
TO ACT **FAST**.

The stroke teams of Good Samaritan Hospital and Regional Medical Center of San Jose consist of board certified physicians, accredited nurses and experts who are available 24/7. Additionally, our stroke programs are recognized by the American Heart Association and American Stroke Association for quality of patient care and outcomes. Both facilities are certified as Comprehensive Stroke Centers by the Joint Commission, the country's leading health care accreditation organization that accredits and certifies nearly 21,000 health care organizations and programs in the United States. The sophisticated technology and highly trained staff provided by Good Samaritan Hospital and Regional Medical Center offer stroke patients a wide range of leading edge treatments based on their condition...because every minute counts.

→ Turn the page for critical information on detecting the signs of stroke. →



GOOD
SAMARITAN
HOSPITAL



REGIONAL
MEDICAL CENTER

PART OF GOOD SAMARITAN HEALTH SYSTEM

www.goodsamhealthsystem.com

✂ Cut this box out and place somewhere easily accessible in case of emergency. ✂

CHECK IF IT'S A STROKE

To see if someone may be having a stroke, act **FAST**:

- F** **FACE:** Ask the person to smile. Does one side of the face droop?
- A** **ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- S** **SPEECH:** Ask the person to repeat a simple sentence. Can they repeat it correctly? Are their words slurred? Are they confused?
- T** **TIME:** Call 911 *immediately* if the person displays **any** of these stroke warning signs.

**OUR
COMPREHENSIVE
STROKE CENTERS
ARE HERE
FOR YOU OR
A LOVED ONE**



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