H LONG ISLAND HEALTHCARE PROFILES

A New Start, with a Whole Lot of Heart

At The Villa at Westhampton, active seniors who value their independence enjoy a maintenance-free environment and a vibrant, welcoming community.

n 2017, the Hamptons gained a new class of living with the opening of The Villa at Westhampton. The elegant, state-of-the-art facility focuses on supporting an engaged community of seniors, providing top-notch levels of care and is the only one of its kind in the Hamptons. The Villa's hallways, community rooms, activity centers, and restaurant are abuzz with energy as residents, most of them native or longtime Long Islanders, enjoy all that life has to offer in an atmosphere of caring, safety, and fun.

"We're not just an apartment with an extra level of care; we're a community," explains Jeffrey Thompson, executive director of The Villa. "We provide a variety of amenities and services tailored for our residents." In addition to the sparkling clean private and semi-private apartments, residents can enjoy the activities or just relax, read, and visit with friends and



family in the beautifully appointed library and lounges. "But if help is needed," adds Thompson, "we have expert, caring staff available to assist residents 24/7 at the press of a button."



A Big Change—For the Better

Tony G. (not his real name) owned a small Long Island restaurant for nearly 50 years, then retired to his nearby home, determined to do all the maintenance himself. His plan worked—until it didn't. While shoveling snow during a particularly harsh winter storm, Tony fell and broke his hip. "Luckily, a neighbor saw me out there and got me to the hospital," he recalls. After surgery and a stint in rehab, Tony's children convinced him to move to The Villa at Westhampton for a month, just to see if he liked it. When the month was up, Tony signed up for good. "Why would I move?" he laughs. "Every day is different. They keep me busy, I love the food, I can leave anytime I like, and I don't have to shovel snow!"



For residents who have been diagnosed with dementia or Alzheimer's disease, The Villa offers a memory care option. Licensed as a Special Needs Assisted Living Residence, the Memory Care community features a specially trained staff devoted to keeping residents safe, engaged, and comfortable. The recreation department designs special programs to stimulate the mind, body, and soul of each resident, ultimately providing a heightened sense of well-being and peace of mind.

"The Villa is more than just a place



residents move in, they quickly become part of our extended family. We all eat together. We load up the bus and go to the beach. There's a lot of laughter and a lot of caring."

The only assisted living facility in the Hamptons, The Villa at Westhampton offers:

- · Restaurant-style dining
- Movies and live entertainment
- Hair salon and barber shop
- · Gym, game room, and art center
- · Scheduled activities and community outings
- · 24-hour nursing staff and visiting physicians
- Daily housekeeping and laundry services
- Flexible tenancy options





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