

AHN wants you to love your heart as much as we do.

The #1 heart transplant program in the state* wants to keep your heart healthy. Take this little quiz to see how your heart is doing.

Do you smoke?

yes no

Do you feel shortness of breath when sitting?

yes no

Do you exercise less than three days a week?

yes no

Do you yawn in the middle of exercise?

yes no

Do you have high blood pressure?

yes no

Is there a family history of heart disease?

yes no

Do you have high cholesterol over 200?

yes no



If you answered "yes" to 3 or more questions, call (412) DOCTORS today. AHN.org



*AHN performed the highest in the state of Pennsylvania for patient outcomes for 3-year survival rates. Scientific Registry of Transplant Recipients (SRTR) cohort for 3-year survival single organ transplants performed between 7/1/13 and 12/31/15. http://www.srtr.org/PDFs/072019_release/pdf/PSR/PAAGTX1HR201905PNEW.pdf