

GRAND RAPIDS  HEALTHCARE PROFILES

# Look and Feel Your Best

**The Centre for Plastic Surgery** provides unique, award-winning care and is committed to helping patients achieve their goals.

**F**rom skin resurfacing to injectables to surgical reconstruction, the Centre for Plastic Surgery provides personalized care uniquely tailored to accomplish the needs and desires of each patient. The Centre doctors offer a full spectrum of in-house capabilities at their state-of-the-art, accredited facility designed for maximum privacy and comfort.

“We exist to help patients achieve their personal goals,” says Dr. Douglas Leppink, one of the Centre’s four award-winning surgeons, along with doctors Scott Brundage, Benjamin Rechner, and Terri Zomerlei. “We don’t have a set standard of beauty we are trying to create; instead, we help patients discover or recover the beauty they already have.

“Our practice is much less about vanity and much more about restoration,” Dr. Leppink continues. “Patients often say, ‘I don’t look on the outside like I feel on the inside,’ usually due to changes in age or weight, or following pregnancy or nursing. We can recreate natural proportions and make aesthetic improvements, so our patients look as good externally as they feel internally.”

With more than 75 years of combined experience, the doctors are trained in the latest technology and are committed to



(l-r) Terri A. Zomerlei, MD; Scott R. Brundage, MD; Douglas M. Leppink, MD; Benjamin P. Rechner, MD

creating a positive and comfortable environment for every patient—starting with an unhurried, interactive consultation with ample time for questions.

“Experience matters here. Our doctors, nurses, and staff are collectively the most experienced team in the region, which translates to making the best, most informed decisions for our patients,” says Dr. Leppink. “Together we have a tremendous body of knowledge to draw from. In addition to the years behind us, we continue to train ourselves and our staff on new advances and cutting-edge technologies for the future.

“From the moment a person steps through our doors and begins their journey,” he continues, “we want them to feel completely listened to and at ease, knowing they are in the most capable hands.”

## A POSITIVE STEP

“There is a misconception that in order to be truly ‘body positive’ you must accept 100% of yourself exactly as you are,” says Dr. Leppink. “And you are labeled ‘bad’ if you want to change something about yourself.

“But the truth is: You can love your body and still feel uncomfortable in

it—especially when life experiences like weight loss or pregnancy have altered it. Seeking help is a very positive step, and you should be applauded for doing so.”

To those considering cosmetic procedures, Dr. Leppink advises: “We see people from all walks of life with a wide range of needs who care deeply about becoming the best version of themselves—both inside and out. Give yourself permission to explore all the options available; you don’t have to live with discomfort. Everyone deserves to feel good in their body.”

With professionalism, integrity, excellent surgical technique, artistry, and comprehensive services, the Centre for Plastic Surgery team is fully dedicated to helping patients by creating results that make them fully confident in their look. Though the practice has received numerous awards, including Grand Rapids Magazine’s “Best Doctors” list and “Best Doctor in America,” Dr. Leppink says their best accolades come directly from their patients.

“True success is when a patient is glowing and says, ‘I feel so beautiful.’”

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**CENTRE** *for*  
PLASTIC SURGERY

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