GRAND RAPIDS 🗘 HEALTHCARE PROFILES



s the only Michigan breast Health Comprehensive Breast Centers provide patients with unparalleled women will develop breast cancer, which care and expertise in a patient-centered practice.

"Our mission is entirely centered around our patients," says Dr. Jessica Keto, one of the two fellowship-trained, on both the maternal and paternal sides board-certified breast surgeons on staff. "We are equally as committed to the patient experience as we are to high-quality diagnostics and surgical intervention.

"With an all-female team in our breast center, we know firsthand how anxietyproducing a breast screening can be and Increased risk should lead to increased how hard it is to wait in that state," she continues. "We deliver test results and access to all diagnostics and biopsies as quickly as possible.

All-Female Team **Provides Personalized Care** Fellowship-trained surgeons deliver patient-centered cancer treatment.

"We are also fully aware that we are the first providers a patient sees after her diagnosis. From reception to nursing to surgery and recovery, we strive to provide a caring, kind environment. The best thing possible is when a patient says, 'I felt like every person I've met here cares deeply about me'—and I am happy to say we hear that often."

KNOW YOUR RISK

"The most important advice I have for center with all three national women on the topic of breast health quality certifications, Mercy is know your risk," explains Dr. Keto. "Statistics indicate 1 in 8 American equates to a 12% to 13% risk overall, but it is vital each woman knows her own individual risk factors.

> Women should know health history of the family. They should know their risk increases with lifestyle factors like diet, weight, alcohol consumption, and smoking. And if they are high risk, the standard recommendation of one mammogram annually after age 40 does not apply. screening and interventions."

> To help patients determine risk level, Mercy Health provides full-service breast care including genetic counseling, high

risk programs, and MammoPlus®-an exclusive lifetime risk assessment for developing breast cancer offered at four convenient locations. For screening, they offer both 2D and 3D mammography options.

At the Grand Rapids site, a certified genetic counselor can help patients access risk of hereditary cancers; discuss, coordinate, and interpret testing; and research available treatment options. Their high-risk programs offer evaluation, counseling, custom surveillance, and risk-reduction for patients with elevated risk factors.

And for patients who have been diagnosed elsewhere, a second opinion clinic is available for a same-week meeting to review imaging, pathology, and treatment options with a fellowship-trained, board-certified oncological surgeon.

"Our goal is to enable women to live happy, healthy, full lives," says Dr. Keto. "Know your risk factors, get regular screenings, talk to your doctor, and pay close attention to your health. No one wants to deal with breast cancer, so we are here to provide the very best in prevention and caring treatment."

MERCY HEALTH OFFERS:

- Breast conservation surgery offered to 100% of eligible patients.
- 100% minimally invasive biopsies for those eligible.
- The only Michigan breast center with all three national quality certifications: NQMBC, ACR, NAPBC.



Grand Rapids team (above); Muskegon team (below)



MERCY HEALTH

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