

PROACTIVE, PATIENT-CENTERED DERMATOLOGY CARE

Advocating early detection and annual screenings,
Abington Dermatology Associates treats patients, not symptoms.

Your skin is a window to your health, potentially revealing health issues before you experience other symptoms.

“Dermatology is unique in that conditions are right there for you to see,” says Dr. Robert Tokarek of Abington Dermatology Associates. “That I can diagnose a patient using my five senses has led to a lot of rewarding moments, such as relieving a patient’s stress when they feel they have a very complicated issue.

I can see right away what they are dealing with and am able to maximize our appointment time, talking with them about their condition and treatment.”

Dr. Tokarek and Dr. Elizabeth Fitzgerald purchased Abington Dermatology in 2001, leading the practice’s team of board-certified practitioners in providing a full range of dermatological care to their patients in Montgomery and Bucks counties and surrounding areas. “We see patients of all ages—from pediatric to adults. That diversity attracted me to dermatology,” says Dr. Tokarek, who has been named one of *Philadelphia* magazine’s Top Doctors for both 2018 and 2019.

A fellow of the American Academy of Dermatology, Dr. Tokarek has a concentration in the treatment of psoriasis—which afflicts 7.5 million Americans of all ages—and skin cancer, the most common cancer in the United States.

“I have a passion for what I do,” says Dr. Tokarek. “I know it sounds cliché, but it truly is so fulfilling to have long-term relationships with families, some of whom I’m now serving a second generation. Getting to

know them and their family’s medical history helps me help them.”

Tremendous Progress

“We provide general and surgical dermatology and cosmetic procedures,” notes Dr. Tokarek. “Our team can be all things for all aspects of dermatological diseases and problems—from adolescent acne, eczema, and psoriasis, to Botox®, chemical peels, and laser procedures, to our fellowship-trained Mohs surgeon’s treatment of the most serious forms of skin cancer.

“Tremendous progress has been made with treatments and revolutionary immunotherapies,” Dr. Tokarek continues, stressing, “Early detection saves lives. For example, while melanoma rates continue to rise, we are now able to make an impact on even the most severe cases. Everyone over age 35 should have an annual dermatology screening—or over age 18 for those with a family history.”

The impact of dermatological care on patients can be life changing. Says Dr. Tokarek, “With psoriasis and acne, which are uncomfortable and socially stigmatic skin diseases, I’ve seen so many patients covered from head to toe, and, in a matter of months, we are able to clear it up. Seeing someone held down in life by these diseases clear their skin and blossom as individuals—develop the confidence to look you in the eyes—it is the most exciting thing.”

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