



Redefining Home

Anthology Senior Living is changing the perception of senior living communities, one life story at a time.

Choosing a senior living community is a milestone moment. Add in concerns for health, safety, and socialization, and the process of finding a place that not only embraces each resident's individuality but also offers exceptional care can seem intimidating.

"Living alone when supplemental care is needed can be unpredictable," says Kayla Meek, vice president of wellness at Anthology Senior Living. "In choosing to live at Anthology, residents can rest easy knowing their needs will be met reliably with best-in-class safety guidelines based on CDC and state mandates."

Anthology's emphasis on curating a safe, first-rate environment has no doubt contributed to the company's growth. In its first two years in senior living operations management, Anthology acquired and opened more than 20 communities, and more are added every year.

Such rapid growth can also be attributed to its values—ones that prioritize holistic care and the journeys of each resident. "We believe in the person, their unique life story, and in being good stewards of their needs," says Meek. "Our mission is to provide a senior living experience that focuses on being the best in hospitality and care so our residents can live their lives in a beautiful, meaningful way."

A Holistic Approach

Spread across 11 states and offering options for independent living, assisted living, and

memory care, Anthology seeks to help residents gain strength in mind, body, and spirit through its six dimensions of wellness, which include physical, emotional, intellectual, social, spiritual, and environmental aspects of living.

"Quality care isn't just about providing for the body," Meek notes. "It's about providing for the whole person. We incorporate each dimension of wellness into all of our care plans to better structure an individualized, supportive plan for our residents."

From physical therapy to wellness clubs to the Fit Minds program—an evidence-based cognitive stimulation program to help slow memory loss—Anthology integrates wellness practices into daily life to foster whole-body engagement.

Building a Community

Compassionate, vetted team members fill every Anthology community, ready to aid residents whose needs range from housekeeping assistance to comprehensive care.

"We can do as little as provide a safe environment all the way to total care, where we assist with dressing, medication management, and clinical oversight," says Meek. "It's all about receiving personalized care that supports independence."

Each community boasts top accommodations that resemble high-class resorts. Modern finishes enhance the dining rooms where residents enjoy chef-prepared meals; gyms,

salons, and movie rooms encourage socialization, relaxation, and self-love; and outdoor courtyards foster opportunities for continued engagement. In each, residents can expect to feel a sense of home.

Residents, Meek says, find being surrounded by a community of peers and supportive staff revitalizing. "The best story is having a resident who is hesitant to join us build strong, trusting relationships with our team and other residents," she says. "They take on our community as their home, and that's something to be proud of."



ANTHOLOGY
SENIOR LIVING

**3400 Livernois Road
Troy, MI 48083
248-282-6009**

**1775 S Rochester Road
Rochester Hills, MI 48307
248-266-2959**

**42400 W 12 Mile Road
Novi, MI 48377
734-335-8439**

**44600 Five Mile Road
Northville, MI 48168
248-697-2975**

anthologyseniorliving.com