

NEBRASKA HEALTHCARE PROFILES

A Leg Up on Vein Treatment

Dr. Kelly Schroeder at VENUS Vein Clinic offers education and relief to patients suffering with vein disease.



“There’s so much misinformation about vein disease,” shares Dr. Kelly Schroeder, owner of VENUS Vein Clinic and double board-certified in emergency medicine and venous and lymphatic medicine. “Most people think it’s cosmetic, but there’s very little about vein disease that’s actually cosmetic. It’s covered by medical insurance, is completely treatable, and nothing about the treatment is scary.”

As the only board-certified vein doctor in the Omaha area dedicated solely to treating veins and lymphatics, Dr. Schroeder treats patients ranging in age with a variety of symptoms including leg discomfort, swelling, and fatigue, restless legs, and dark skin discoloration, among others. Her desire to start her own practice stemmed from a passion for getting patients the care they need.

“My patients weren’t getting treatment for their leg issues,” Dr. Schroeder says. “One patient was bleeding from her varicosities, and I had to admit her to the hospital because she needed blood transfusions. It really illuminated to me that this is a significant problem, and my community wasn’t treating or addressing it. I saw that I could make a difference.”

The VENUS Difference

Dr. Schroeder carries this same spirit into her work every day. Patients at VENUS Vein Clinic are welcomed, heard, and evaluated by the practice’s close-knit team and receive complete vein care. A first visit encompasses everything a patient needs to feel educated on their care plan.

“New patients meet me and our nurse and undergo an ultrasound so we can see how the

veins are working,” explains Dr. Schroeder. “We answer all of their questions and discuss how we’ll help them feel better, and our office manager explains their insurance benefits. There are no secrets or surprises.”

Dr. Schroeder offers every modality available for vein treatment, and she seeks to make each visit enjoyable. “Nobody is just a set of veins. Our patients become our friends,” she says. “We can do everything we need through a small IV. Before you know it, it’s all done, and you’re off to enjoy your day. All of our patients come back happy. It’s the best job there is.”

Dr. Schroeder’s Suggestions

“Fixing vein disease improves your circulation, so you feel better,” Dr. Schroeder says. “If you have a weight loss or fitness goal, and you’re struggling because your legs hurt when you get home from work, and the last thing you want to do is go for a walk, treating your veins can give you the motivation to continue to be active. Or, if your leg pain or restlessness keeps you up at night, finally getting good sleep after vein treatment will impact your everyday health.”

Additionally, Dr. Schroeder suggests wearing compression socks to test for vein disease. “If you wear compression socks, and your legs feel better at the end of the day, then that’s a good indication that we can help you feel better every day,” she says.

Dr. Schroeder advises treatment as early as possible to prevent more serious complications later in life. “If you see the signs or feel the symptoms,” she urges, “have your veins evaluated. The only thing you have to lose is the leg discomfort.”



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—DR. KELLY SCHROEDER,
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