

## NEBRASKA HEALTHCARE PROFILES

TAKING  
CONTROL  
*of* BREAST  
HEALTH

Omaha Surgical Consultants offers compassionate, comprehensive breast care.



Omaha Surgical Consultants believes in proactive care. They provide personalized service to address patient concerns and identify those at high risk for developing breast cancer.

Dr. Roalene Redland, breast surgeon, and Patti Higginbotham, adult nurse practitioner and certified oncology nurse, are highly experienced at identifying and treating various types of breast cancer and benign breast diseases. All patients receive care personalized for their needs, and Omaha Surgical Consultants prioritizes helping women take charge of their breast care and heal in mind, body, and spirit.

For new patients, Dr. Redland and Higginbotham complete an in-depth verbal history and physical exam to understand the specific concerns. To help expediate care, patients can have 3D mammograms, breast ultrasounds, and breast MRIs completed the same day with same-day feedback regarding test results and plan of care.

Multidisciplinary conferences for breast cancer patients with pathology, radiology, oncology, and breast surgery can also be arranged. A team approach ensures all active treatment components are tailored to the patient, and each specialty is able to voice their plan of care.

If surgical procedures are needed, Dr. Redland works with patients to determine the best procedure for their needs and type of breast lesion. She is able to offer lumpectomy, partial mastectomy, mastectomy with the option of nipple sparing, sentinel node biopsy, and, if needed, axillary dissection.

Advances in technology have allowed the practice to forgo uncomfortable wire localization pre-surgery and, instead, insert a Magseed marker. When the tumor

or lesion is not palpable, Dr. Redland prefers Magseed locational. This is a 5 millimeter magnet placed by radiology prior to the procedure. There is no radiation with this type of marker. In surgery, a device is utilized to find the area of concern. With this technique, Dr. Redland can plan incision placement for a better cosmetic result. This allows her to more accurately remove the lesion with the removal of less benign tissue. Overall patient satisfaction has been high.

## EARLY DETECTION

Omaha Surgical Consultants offers genetic testing as per NCCN guidelines. Higginbotham holds a subspecialty in cancer genetics. She is able to perform both in-person and telehealth meetings with patients to assess genetic testing needs and can offer testing for at-risk family members of anyone who tests positive for genetically influenced cancer syndrome. With the genetic test results, an individualized plan of care is then developed. This may include the need for both breast MRI and 3D mammography. Lifestyle management techniques can be added as needed to help minimize the risk of developing breast cancer.

Omaha Surgical Consultants' goal is to find carcinomas at their smallest and improve survivability. The practice's use of both breast MRIs and 3D mammography ensures the smallest of cancers can be found. It is their ability to identify, monitor, and treat cancers early that has many seeking a consultation from Omaha Surgical Consultants. Dr. Redland and Higginbotham are looking forward to being part of your team and managing your breast health.



**OMAHA  
SURGICAL  
CONSULTANTS, P.C.**