

# A Confident Smile Is Your Winning Advantage!

**Dentist, artist, and rock and opera vocalist Dr. Monica Crooks empowers patients through education and artistically crafted smiles.**

**"Y**our smile is a communication tool," Dr. Monica Crooks explains. "When you smile, your brain releases feel-good brain hormones. That feeling is transmitted to the people around you because a smile is contagious. Being able to smile with abandon communicates health, beauty, confidence, and success. It opens doors socially and professionally."

At her Sacramento practice, Dr. Crooks helps patients of all ages achieve healthy, beautiful smiles. Offering a range of services—from maintenance cleanings to leading-edge cosmetic dental procedures—Dr. Crooks and her team ensure patients feel relaxed and heard.

"I'm passionate about taking a smile that's dilapidated and transforming it to become a stunningly beautiful smile, or helping a patient who's highly phobic become someone who loves coming to the dentist," Dr. Crooks says. "Such transformations earn me hugs, bouquets, and cookies!"

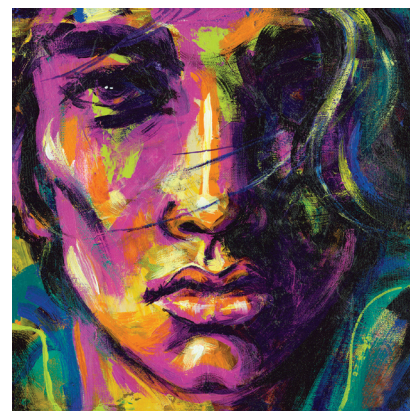
## Empowering Patients, Reconstructing Smiles

Honoring her aunt who passed away prematurely from an abscessed tooth, Dr. Crooks has made it her mission to educate patients on the preventability of dental disease and the importance of gum and tooth health. While revamping smiles is Dr. Crooks' end goal, she stresses that a beautiful smile begins with a healthy mouth and an understanding of how to properly maintain good oral hygiene.



"Think of an equilateral triangle," she says. "The foundation is health, and the two sides are function and beauty. Without health, the triangle can't stand. Your teeth are there for chewing food efficiently, enunciating your words correctly, and making you look beautiful. All of those things have to work equally."

Armed with a newfound recognition of the need for a healthy mouth, patients begin treatments to strengthen their gums and supporting bone before undergoing procedures to enhance their smiles. Whatever it takes—from veneers to implants to crowns, bridges, and more—Dr. Crooks works with patients to determine the best treatments for their



**ABOVE:** In addition to crafting beautiful smiles, Dr. Monica Crooks is an accomplished painter, with her own work featured in her office. **LEFT:** A patient shows off her transformed smile.

goals and budgets, all while keeping oral health a top priority. "We get you healthy, teach you how to stay healthy, then become your coach," she says.

When patients are ready to receive cosmetic dental services, Dr. Crooks applies her passion for art to create symmetrical, stunning grins that radiate through the eyes. As a professional artist, she has a natural gift for color and balance and for making sure they work in harmony.

"Your smile is the only visible portion of your skeleton. If you had a broken leg, you would get it fixed. So why live with a broken smile?" Dr. Crooks reasons.

"People remember how you make them feel more than the words you say. Your smile has the power to influence how your listener feels," she continues. "I love creating beautiful smiles. That's the artistry of dentistry."



## DR. MONICA CROOKS, D.D.S.

ADVANCED COSMETIC DENTISTRY

To book an appointment, or for more information,  
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