**Kim** Patient – Breast Cancer

## Family first. Community champion.

## Breast cancer survivor.

October is Breast Cancer Awareness Month, and a great reminder to women to begin breast cancer screening at 40. That's why Kim scheduled an appointment when she received her first annual mammogram notice. Her initial scans came back clear.

At 41, she returned for an annual screening, but this time she received surprising news. She had stage 2A breast cancer. She met with a UC Davis Health surgical oncologist to determine a plan of care and options for surgery. A bilateral mastectomy was performed followed by reconstruction, then chemotherapy.

But Kim's road to recovery wasn't over. The cancer also spread to her lymph nodes resulting in multiple hospitalizations, rounds of treatment, and additional surgeries by UC Davis Health specialists.

Three years later, Kim is now cancer-free. She enjoys time with her family, gardening, and has become a breast cancer advocate. She urges women to assess their screening needs and stresses the importance of early and annual mammograms.

Visit us online for screening guidelines and more.

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ucdavis.health/breast-cancer