

# FULL OF HEART

Gita embraces life with purpose and positivity. Her home is always filled with what she loves most: community, creativity, loved ones and the arts. But when Gita began feeling too fatigued and winded to enjoy these things, she knew something wasn't right.

Gita sought care at UC Davis Health, known for its expertise in complex heart conditions and leading-edge, minimally invasive technology. Her medical team discovered she had a rare congenital heart defect known as atrial septal defect (ASD). Under the care of Frank Ing, cardiologist specializing in congenital heart conditions, and his team, Gita received the help she needed.

Now Gita enjoys what she loves most. She is also inspired to raise awareness about congenital heart conditions, encouraging others to seek care when something feels off. Gita expresses gratitude for the compassionate, expert care from UC Davis Health, crediting it with giving her a new lease on life.

**Gita**  
Patient –  
Cardiology

**UC DAVIS**  
**HEALTH**

[health.ucdavis.edu](https://health.ucdavis.edu)