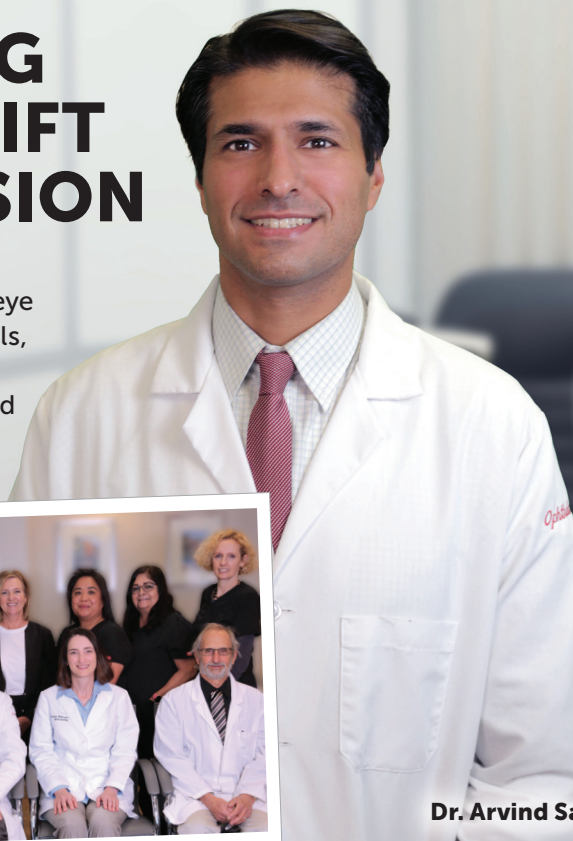


# GIVING THE GIFT OF VISION

With a team of board-certified eye care professionals, **Integrity Eye** restores sight and changes lives.



**Dr. Arvind Saini**



In middle school, Dr. Arvind Saini realized the importance of eye surgery. After his grandmother did not do well with corneal transplant surgery, he saw the impact it had on her life and wanted to help people like her see again. He also had a family friend who founded a charitable eye hospital in India.

"The potential to have such a positive impact was inspiring," he recalls. "I wanted to use my education to take care of people."

Dr. Saini received a dual Doctor of Medicine and Master of Business from the University of Pennsylvania. After

residency at Loma Linda University, he completed his fellowship in cornea and refractive surgery at the prestigious Wills Eye Hospital.

Following his education, Dr. Saini worked for other practices but realized he wanted to develop his own. "I wanted to create a practice culture focused on patients," he says.

Service is important to Dr. Saini. He has worked on international medical missions, and locally, his practice partners with charitable organizations to offer free and reduced services to those who qualify.

Dr. Saini realizes innovation is important, but not all new technology

is meaningful. "We discuss nonsurgical options and do not recommend technology that does not improve patient outcomes," says Dr. Saini, an active member of the American Academy of Ophthalmology. "We are mindful of the costs of care and treat patients like family."

"We're called Integrity Eye for a reason," he continues. "We emphasize relationships and building trust."

## Corneas and Cataracts

Among the scope of ophthalmology services offered at Integrity Eye—including refractive surgery and oculoplastics—Dr. Saini is fellowship trained in corneal surgery. "Corneal transplants are absolute miracles," he says. "They were the first organ to be transplanted, and technology has evolved such that we can offer partial transplants as needed."

Cataracts are another specialty of the practice. Though cataract surgery is the most common ophthalmologic surgery, Dr. Saini recognizes it can still be nerve-racking for patients. "Surgeons may operate every week, but it may be the first surgery for the patient, and we take that seriously," he says.

The practice also offers advanced technology lens implants that give patients significant degrees of eyeglass independence after surgery. The decision to change glasses or opt for cataract surgery or an advanced technology implant begins with educating patients to allow them to make informed decisions.

"We want to grow Integrity Eye so we can offer quality vision care to as many people as possible," Dr. Saini says. "It's a privilege to help people see."



## Integrity Eye

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## Welcoming Dr. Elizabeth Hofmeister

Corneal specialist and refractive surgeon Dr. Elizabeth Hofmeister recently joined Integrity Eye after retiring from a distinguished career in the U.S. Navy. "Dr. Hofmeister is a world-class surgeon and doctor. We are honored to have her join our practice," says Dr. Arvind Saini. She joins Integrity Eye as one of the most experienced refractive surgeons in San Diego, having taught over 60 surgeons refractive surgery.