



Hope. Help. *Healing.*

If you or someone you care about is struggling with their mental health, know that you are not alone. Our national network of trusted providers offers comprehensive behavioral health solutions to address what you may be experiencing, including:

- **Anxiety, Depression**
- **Alcoholism, Substance Use Disorder**
- **Post-Traumatic Stress Disorder (PTSD)**
- **Bipolar Disorder**
- **Eating Disorders, and more**

We are here for you, with a broad variety of services for adults, seniors and children/adolescents – including specialty programming for the LGBTQ+ community, military, first responders and healthcare workers.

Visit **FindBHhelp.com**

to find a location near you.



*Take the hopeful step toward a **brighter** future.*