

ENJOY LIFE AGAIN

Pima Pain Center offers a one-stop pain management solution with comprehensive, patient-centered care.



Emil Annabi, M.D., is passionate about pain management.

A former academician at the University of Arizona, where he served as an assistant professor with the department of anesthesiology and as the director of chronic pain management for seven years, Dr. Annabi observed an unmet need for accessible, holistic treatment of the debilitating conditions impacting patients' daily lives.

"Chronic pain is disabling; it affects your ability to work, move freely, and enjoy life," he explains. "Because pain affects the whole person, it requires a whole-person treatment plan."

When he realized that what was needed to improve patient outcomes did not exist in the area, he set out to create a state-of-the-art, fully integrated center dedicated to the evaluation, diagnosis, and treatment of pain.

Enter Pima Pain Center, a now-indispensable Tucson resource opened in 2014 for suffering patients and their families. Dr. Annabi serves as medical director,

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leading an expert team of multidisciplinary specialists at seven area locations, each fully equipped for holistic pain management. Just as he envisioned, the practitioners and staff work as a team to provide patient-centered care in a truly comprehensive environment. Unlike most practices, where patients are referred out for services, just one intake at

Pima Pain Center links patients to an accessible network of in-house, skilled providers located on-site, resulting in better patient outcomes overall.

"Effective pain management causes an upward spiral in quality of life—which is what we exist to facilitate," says Dr. Annabi. "Helping patients decrease pain improves lives in measurable ways: They can play with grandkids again, golf again, and get back to doing the things they love."

Coordinated Patient Care

An Arizona Center of Excellence for pain treatment, Pima Pain Center sets a new standard in innovative, compassionate, and effective pain management.

"Our approach is unique because it is truly comprehensive," says Dr. Annabi. "From psychology and addiction therapy to physical therapy, chiropractic care, imaging, medications, and more, we offer everything needed to treat the whole person—all under one roof." Advanced medical solutions like minimally invasive spine surgery, MRI, and X-ray imaging are offered alongside a full range of holistic treatments like acupuncture, Reiki, and massage therapy, eliminating the need for patients to have multiple providers treating the same condition.

"Living with chronic pain is difficult, so we make getting effective treatment as accessible as possible," explains Dr. Annabi. "By offering streamlined care, we're able to fully focus on our patients' concerns, understand their needs, and work with them to design a customized treatment plan."

Just as no two patients are alike, no two comprehensive care solutions are the same. "We look at the patient, not just the problem," says Dr. Annabi. "When a patient's pain is decreased enough that they can enjoy life again, we know we've succeeded."



**4601 East Broadway Boulevard
Tucson, AZ 85711
520-399-6000 | pimapaincenter.com**