



About Face

Florida-based deep plane facelift expert **Jean-Paul Azzi, MD**, finds his signature service is just what rapid weight loss patients need to complete their transformations.

With offices in Jupiter and Palm City, Jean-Paul Azzi, MD, has built a reputation as one of Florida's leading specialists in deep plane facelift surgery. In fact, deep plane facelifts are the most popular procedures at both of Dr. Azzi's practices.

Recently, however, its popularity has surged even higher as patients have begun using prescription weight loss drugs. As we age, gravity causes face shapes to naturally change from a youthful, contoured, feminine heart shape, to a box shape, making patients appear older and heavier. When patients use rapid

weight loss drugs, says Dr. Azzi, this process is accelerated.

"When people lose volume fast in their faces, it causes everything to sag, so we see their jowls more and the nice, crisp jawline is gone. Nine times out of ten," he adds, "when people come into my office saying 'I look older and more tired,' that's the cause."

Fortunately, Dr. Azzi's expertise in the deep plane procedure is the best solution. Unlike regular facelifts, which function merely as "skin lifts," deep plane facelifts repair the foundational changes in patients' aging faces—drooping in

underlying facial structures like muscles and tissues—by lifting them back to where they were decades prior.

"In just a few hours, I can reposition all those muscles and repair everything," he says. "I give patients' faces all new structures beneath the skin, so they don't revert back in six months or a year like other plastic surgeries do."

Performed under minimal oral sedation and local anesthesia, deep plane facelifts have a quick recovery time, natural-looking results, and are much longer lasting than traditional facelifts. Sutures are typically removed roughly five days post surgery, and within two weeks patients look at least a decade younger and are back to normal activity levels. Results continue to refine over several months.

As Dr. Azzi's practice sees increasing demand for the deep plane procedure, many patients travel across the country seeking revision surgery after prior facelift procedures performed by other plastic surgeons. Dr. Azzi and his team offer the procedure five days a week in their two office locations.

With rapid weight loss concerns, Dr. Azzi emphasizes how much he enjoys helping patients achieve the overall look they want after working so hard to lose weight. "It's incredibly rewarding to do things every day that can really be life-changing for people," he concludes.

As a double board-certified Facial Plastic and Reconstructive Surgeon specializing in procedures of the face, nose, and neck, Jean-Paul Azzi, MD, trained in New York City under renowned plastic surgeons. For years, he has used that training and talent not only in his private practice, but also for the good of children.

Dr. Azzi takes pride in serving as a volunteer surgeon for Connecticut-based Healing the Children Northeast, which focuses on cleft lip and palate surgeries for underserved children in need, free of charge.



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