

EXCEPTIONAL CARE FROM INSIDE OUT



Expert-level help and care are at the heart of Windward Vein, Heart and Medispa.

With over 30 years of experience in patient care, cardiovascular specialist Sonny Wong, M.D., FACC, RPHS, knows healthcare isn't just about finding a doctor: It's about finding a doctor who delivers effective solutions with expert-level care—oftentimes when patients need it most. And that's exactly what they get at Windward Vein, Heart and Medispa.

With vascular technicians, aestheticians, and a physician assistant on staff, Windward offers a full range of vein and heart care services, plus all the benefits of a full-service medical spa, under one roof.

When asked what brings most patients to his practice, Dr. Wong says it's Windward's full suite of medical care, from preventative health to diagnostics, treatment for chronic conditions, and more.

"Some patients may have a parent who had a heart attack at age 50, so they're looking for prevention," Dr. Wong notes. At Windward, he's able to treat cardiology patients earlier in the disease process. "After a full examination, I can perform an EKG or echocardiogram and connect a monitor to track heart function to help diagnose their condition," he says. "If

that doesn't shed any light, we use vascular ultrasounds and other techniques to diagnose heart disease, blood pressure problems, and other issues."

In the event a patient needs surgery, Dr. Wong stays involved throughout their entire journey from preparation to aftercare. "If I can't manage them with medication, or they need an intervention, I refer them to a specialist I know and trust to continue care after their procedure," he explains.

Health Beyond the Heart

Though Windward began with a focus on heart health, incorporating vein care was a natural fit. Dr. Wong offers an array of minimally invasive outpatient services that improve both health and aesthetics, including varicose and spider vein treatments. Most procedures are virtually painless and require little downtime for recovery, helping patients get back on their feet fast.

"Patients are in and out within an hour. There's no hospitalization or prolonged recovery. You walk out, and you're active again within a few short days," says Dr. Wong.

Windward's recent expansion into medical spa services means the practice now offers premier cosmetic treatments including anti-aging injections, laser facials, and body sculpting.

No matter what brings a patient through his doors, Dr. Wong is dedicated to helping them get results fast. "We typically see patients within 24 hours," he says. "We evaluate them and do testing the same day. The majority of the time, we know what's going on after that first visit and can deal with the problem."

As Windward opens a new location in Maui, Dr. Wong says his focus will always remain on top-tier patient care with a personal touch. "We're people-centric and love taking care of our patients," he says. "We believe in giving patients the warm, fuzzy feeling they get when they know they're being looked after."



WINDWARD
vein | heart | medispa