

Now is the time to take the first step to better heart health. Symptoms of heart disease, including high blood pressure and high cholesterol, are subtle and easy to ignore, which makes regular screenings and personal monitoring of your heart health so important.

At Franciscan Health, we're making it easier for women to get a little self-care. If you're age 40+, see if you qualify for a self-referred \$49 heart scan to check your current heart health.



## **SCHEDULE A \$49 HEART SCAN**

franciscanhealth.org/screeningbundles 833-238-0688

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