

Bariatric Surgery Changes Lives

With robotic-assisted weight loss surgery, a healthier you is within reach.

For people who suffer from severe obesity, defined as a body mass index of 35 or greater, bariatric surgery may offer the best solution for permanent weight loss.

"Being overweight affects almost every organ in the body," states Hesham Atwa, M.D., FACS, FASMB, who leads Long Island Laparoscopic DoctorsSM, a practice offering surgical weight loss solutions for eligible patients. "It can cause headaches, diabetes, hypertension, high cholesterol, sleep apnea, joint and back pain, fatigue, cirrhosis of the liver—the list goes on.

"The majority of people who come to see me for weight loss surgery blame themselves for being obese. I tell them that it is not their fault that they are obese," he continues. "There are 50 causes of obesity, the most common among them being genetics, the environment you live in, and being on certain medications."

With 20 years of experience in advanced laparoscopic, open, and bariatric surgery, Dr. Atwa has garnered many awards, including Top Surgeon, Most Compassionate Doctor, and the Theodore Roosevelt award from Mather Hospital/Northwell Heath and St. Charles Hospital.

Chief and Director of Surgery and Director of Robotics at St. Charles

Hospital, and Chief of Surgery at Mather Hospital/Northwell Heath, Dr. Atwa is one of the leading specialists in the use of the da Vinci[®] Surgical System, an FDA-approved robotic device designed to facilitate minimally invasive procedures.

"Using the robot can increase the surgeon's skill by about 10% to 15%," Dr. Atwa explains. "This is because the surgeon can use the device's 3D imagery, which provides a greater range of vision and depth perception. The result is a quicker, more accurate surgery with a lower risk of complications."

Patients experience less pain and blood loss during the procedure, and they recover more quickly with minimal scarring, less reliance on opioids, and a lower rate of complications post-surgery. "Following the procedure, patients have more energy, less fatigue, and less back and knee pain," says Dr. Atwa. "They're no longer diabetic, their blood pressure and cholesterol levels are under control, and they're able to stop taking medications for these conditions."

"We recognize that the journey to successful weight loss can be traveled by taking many roads," Dr. Atwa concludes. "We work with each of our patients to recommend the approach that will most likely lead to sustainable, long-term results."

Benefits of Bariatric Surgery

- › Enhanced quality of life
- › Decreased risk of heart disease
- › Removed risk of diabetes
- › Lower blood pressure
- › Safe, virtually pain free, and scarless



Long Island Laparoscopic DoctorsSM

Visit Us: **JourneyToTheNewYou.com**

5 Star Rated Practice



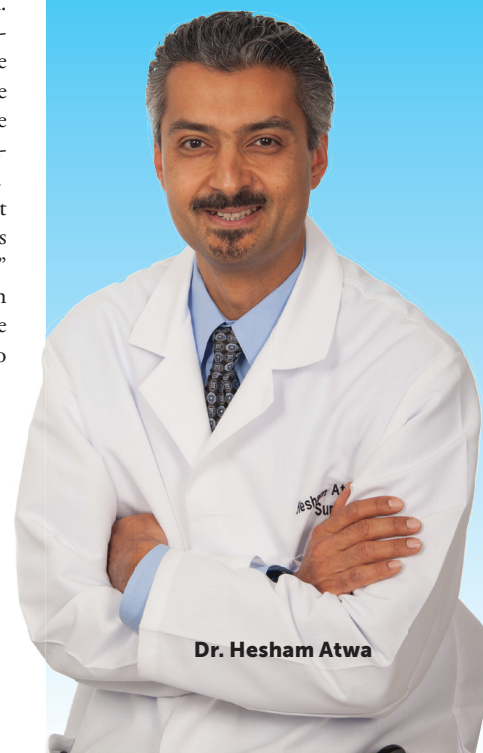
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500 Commack Road, Suite 150D, Commack

Long Island Laparoscopic DoctorsSM invites those interested to call for a free evaluation with the practice's bariatric coordinator to learn how robotic-assisted weight loss surgery can and will change your life.

Call **631-675-1509** or visit **JourneyToTheNewYou.com/ask-an-expert**



Dr. Hesham Atwa