

THE BEST CARE FOR THE MOST IMPORTANT MIND IN THE WORLD— YOURS.

RATED HIGH PERFORMING IN STROKE BY U.S. NEWS.

A stroke is as serious as it gets. It takes timely care to limit damage to your brain and increase your odds for a full recovery. So, it's comforting to know Dartmouth-Hitchcock provides nationally recognized stroke care close to home. We're ranked by *U.S. News & World Report* for outstanding stroke care, which means exceptional stroke care when and where you need it.

Discover more at
dartmouth-hitchcock.org/cerebrovascular



 Dartmouth-Hitchcock Health

Alice Peck Day Memorial Hospital • Cheshire Medical Center • Dartmouth-Hitchcock
Mt. Ascutney Hospital and Health Center • New London Hospital
Visiting Nurse and Hospice for Vermont and New Hampshire (VNH)



BE AWARE OF THE SIGNS OF A STROKE.

Time matters, act **FAST**

Face



Ask for a smile.
Does smile look uneven?

Arm



Raise both arms.
Is one weak?

Speech



Ask to repeat a phrase.
Is speech slurred?

Time



Any one of these signs?
Call 911 now!

KNOWING WHAT TO WATCH FOR CAN HELP
SAVE SOMEONE'S LIFE.

If you have any of these symptoms or spot them in a loved one, even if they go away quickly, **call 911 right away**. **FAST** is a simple way to remember the main symptoms of stroke so you know when to call for medical help.

 **Dartmouth-Hitchcock Health**

Alice Peck Day Memorial Hospital • Cheshire Medical Center • Dartmouth-Hitchcock
Mt. Ascutney Hospital and Health Center • New London Hospital
Visiting Nurse and Hospice for Vermont and New Hampshire (VNH)

