

Denver's Comprehensive Vascular Team

With accessible locations and subspecialty providers, the Vascular Institute of the Rockies delivers complete vascular care—all under one roof.

Vascular care is one of the most complex and multifaceted subspecialties of medicine, yet also one of the most misunderstood. Patients with vascular ailments, meaning conditions of the blood vessels, often suffer from pain and swelling in the legs, which can lead to immobility and decreased quality of life.

“Due to the nature of vascular conditions, which change and worsen over time, we establish ongoing relationships with patients built on trust and history,” says Kara Heer, MHA, Education Coordinator at the Vascular Institute of the Rockies (VIR). “It’s extremely beneficial to keep a patient’s vascular care under one roof.”

As Denver’s only comprehensive vascular provider, VIR is equipped with tools to treat any phase of a patient’s vascular journey—from prevention and diagnosis to treatment and maintenance.



Ongoing Care

First, a minimally invasive diagnostic procedure determines a patient’s underlying issues, which helps inform an effective treatment plan. “Ultrasound is noninvasive, safe, and has no side effects,” says Alan Synn, M.D.

VIR’s diverse team is versed in common conditions such as varicose veins



“I just want to extend my profound gratitude to Dr. Annest and Dr. Synn, who saved my life in 2012 with an emergency AAA procedure. Dr. Garland masterfully followed up in 2020 to repair endo leaks and close the aneurysm, all without any pain or scarring. These doctors have extended my life, and I am eternally grateful.” — DAN, PATIENT

and peripheral arterial disease, as well as complex pathologies such as aortic aneurisms, carotid blockages, conditions that require vessel bypass, and thoracic outlet syndrome (TOS). VIR’s Steve Annest, M.D., is a nationally recognized expert in TOS and one of the few to use an amniotic wrap to decrease internal inflammation and scar formation for TOS patients.

Emergent conditions are treated swiftly and effectively, thanks to the practice’s in-depth training in minimally invasive techniques that can help patients avoid amputation. Locations on the Western Slope, Central Rockies, and along the Front Range make emergent services accessible throughout the region.

Leading-Edge Resources

“Having diagnostic suites, procedure rooms, clinic rooms, executive offices, meeting space, and a surgical lab in our main Denver location makes us almost like our own miniature hospital,” says

Omar Mubarak, M.D. “This progressive business model reflects the mindset of our physician team. We’re always looking for ways to decrease costs to patients, increase patient satisfaction, provide accessibility to high-quality healthcare, and educate the medical community at large about vascular conditions.”

To that end, VIR hosts an annual accredited educational symposium for other healthcare providers to learn more about vascular conditions, treatments, and advancements.

“Knowing we meet or exceed industry standards to advance the value, safety, comfort, and quality of our care gives patients reassurance that they are in good hands,” Heer concludes.

