

Integrated Healthcare With a Hometown Feel

The Rowe Health Center is a small-town rural healthcare facility making a big impact on its community.



Located in the small rural community of Woodsville, New Hampshire, the Rowe Health Center offers high-quality care. Fully integrated with all healthcare specialists located under one roof, and offering convenient, same-day appointments, the clinic provides patients access to specialists in primary care, podiatry, endocrinology, gastroenterology, general surgery, cardiology, and mental health.

A close connection with Woodsville allows healthcare providers at the Rowe Health Center to connect with patients on a deeper level. “I am able to understand my patients’ daily lives and how things in town impact them and their healthcare needs,” says Jamie Wagner, primary care and internal medicine nurse practitioner. “The facility and its providers give back to residents through events and outreach programs where patients can get to know their healthcare team on a personal level.”

Wagner’s interest in healthcare began with that same passion for giving back. “My grandfather was

diagnosed with lymphoma, and my grandmother had diabetes that was not well controlled, which resulted in vision loss,” she says. Observing the struggles her grandparents encountered to receiving care inspired Wagner to become a nurse. “I felt like they didn’t get the healthcare they deserved. That’s what led me on my healthcare journey,” says Wagner. “I want to be the kind of healthcare provider that I wanted my grandparents to have.”

Today, Wagner treats patients with a variety of routine health needs and manages chronic conditions. “We see a sprinkling of everything in primary care including chronic conditions such as hypertension, diabetes, and high cholesterol,” she says.

Wagner’s connection to the community is common at the Rowe Health Center. With the Cottage Hospital across the street (a 35-bed critical access hospital with a Level IV Trauma Center and 10-bed geriatric psychiatric unit)—and the closest neighboring hospital about a half hour away—both are vital to their community.



Jamie Wagner
Primary Care and Internal Medicine
Nurse Practitioner

“It’s beneficial to be affiliated with a large medical facility,” says Wagner. “There is great communication among the specialists and a better continuity of care for our patients as a result.”

Patient-Centered, Experience-Driven Healthcare

The Rowe Health Center’s experienced, dedicated leadership team continually strives to improve the patient experience across all areas of the facility. Compassion for the community is felt throughout the organization from the top down. The Cottage Hospital CEO, Holly McCormack, works collaboratively with the facility’s healthcare providers to improve hospital operations while keeping patients’ best interests in mind. “As a woman and a nurse, our CEO has a ground-level healthcare perspective. She knows what the hospital and its patients need,” says Wagner. “She makes this place special.”

Serving as the Rowe Health Center’s senior director of outpatient clinics and ancillary services, Jeffrey Walburger has nearly two decades of management and director-level experience in outpatient clinics. He first joined the clinic as its practice director, managing the day-to-day operations of the facility with the intent of making a difference for patients. “I started working in healthcare leadership because I wanted to make positive changes in healthcare,” says Walburger. His goal is to expand outpatient clinic services and specialties outside of the Rowe Health Center, extending its reach in the local community.

Outreach events are just as integral to the Rowe Health Center’s care for Woodsville. “We participate in the annual Fourth of July parade and 5K benefit runs, and we host a holiday celebration for local families and hold clothing drives. We have also established the Little Free Pantry to address food insecurity,” says Walburger. “We truly enjoy being a part of the community.”



Holistic Primary, Geriatric, and Neurological Care

The Rowe Health Center provides comprehensive healthcare to address health and wellness in all aspects of a patient’s life with the goal of preventing chronic conditions from developing. Wagner’s neurological background, along with her experience in primary care and internal medicine, allows her to thoroughly evaluate her patients from a specialized perspective. Her focus is on the prevention of chronic conditions that often lead to irreversible problems for patients later in life. “I’m a big believer in education and prevention,” explains Wagner. “When patients understand the importance of the treatment they are receiving, it improves the outcome at any age.”

Whether patients need assistance in acute, chronic, mental, or physical primary care, providers at the Rowe Health Center know that open and honest communication is crucial when addressing health concerns. “We work with our patients to understand their concerns and to make a positive change in their lives,” says Wagner.

Primary care providers at the Rowe Health Center prioritize educating their patients about treatment options and the importance of healthy lifestyle habits for lifelong wellness. “We strive for our patients to feel that they have a relationship with us built on trust, mutual respect, and quality healthcare,” Wagner concludes.

Seeking Social Worker

Always looking for ways to improve care in the Woodsville community it calls home, the Rowe Health Center retains top talent while actively inviting those who align with its mission to apply. The center currently has an opening for a licensed independent clinical social worker. This person would work collaboratively with a psychology nurse practitioner and three internal medicine providers in the behavioral health clinic located within the Rowe Health Center’s internal medicine clinic—in line with the center’s holistic approach to patient care.

From working with a patient’s care coordinator and developing treatment plans to creating integrated programs that implement therapies, the social worker will provide needed support while helping the local community.

Qualified applicants should contact the Rowe Health Center for more information.



103 Swiftwater Road
Woodsville, NH 03785
603-747-2900
cottagehospital.org

