

NEW HAMPSHIRE HEALTHCARE PROFILES

Compassionate Care and Cutting-Edge Tech

Southern New Hampshire Radiology Consultants' commitment to innovative medicine matches its passion for patient-centered care.

At Southern New Hampshire Radiology Consultants (SNHRC), compassionate care meets cutting-edge technology. With four breast imaging centers, 21 providers, and over 100 years of experience, the physician-owned institution provides exceptional breast imaging and radiology services to patients across Greater Manchester.

"We have a wonderful, caring team

benign conclusion or through every step of support they need thereafter," Dr. Angelakis says. "Our nurse navigator partners with the breast surgeon who coordinates with treatment and oncology teams."

Life-Changing Procedures

Beyond digital mammograms and other breast imaging, the practice specializes in minimally invasive,

and bloating caused by the common problem of uterine fibroids.

"Many patients are at the end of their rope by the time they visit SNHRC because they're so frustrated from living with life-altering and sometimes life-threatening symptoms," Dr. Alberico says. Fortunately, interventional radiology can remedy their suffering through just a tiny needle hole.

"We can solve so many problems with a needle and image guidance, whether CT scan, ultrasound, or X-ray. We are solving patients' problems without the traditional risks of open surgery and general anesthesia," he says.

"Uterine artery embolization is the least invasive option for the issues caused by fibroids, and patients are thankful we've solved their problem



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Elizabeth Angelakis, M.D.

who welcomes patients to the breast center. They're guided into a dedicated area just for women where they can change comfortably and then are brought into our mammogram room with the latest in wide-angle, 3D technology," says chief of breast imaging Elizabeth Angelakis, M.D.

"3D mammography helps us find cancers that are much smaller in size. Our sensitivity for early breast cancer detection has increased significantly, especially with the help of artificial intelligence that marks abnormalities," she adds.

While most patients get peace of mind with same-day results, the SNHRC team immediately completes ultrasounds, contrast-enhanced mammograms, and other diagnostics when abnormalities are identified. These noninvasive options can help patients avoid unnecessary biopsies.

When further diagnosis is needed, the nurse navigating team promptly arranges patients' biopsy and appointment with a breast surgeon. No matter the result, every patient gets full support from the entire team.

"Our breast care team guides them through the entire process, either to a

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Thomas Alberico, M.D.



life-changing interventional radiology procedures. "The days of doing a hysterectomy for every patient with ongoing bleeding from fibroids are gone," says interventional radiologist Thomas Alberico, M.D.

Uterine artery embolization is one of many facets of interventional radiology and provides an alternative to hysterectomy to alleviate pain, bleeding,

while they've retained their uterus. That can change lives."

That's a sentiment shared by Dr. Angelakis. "We're thrilled to be finding cancer at the earliest moment, right when it can be treated successfully for the best possible outcome," she says. "We're passionate about delivering continued patient-centered care every day."

**Southern New Hampshire
Radiology Consultants**
Experience, Innovation & Commitment

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