



On the Road With Mobile Skin Solutions Clinic

Innovative and convenient, Mobile Skin Solutions provides noninvasive skin cancer treatment to communities in Palos Verdes, Long Beach, Seal Beach, and Orange County.

When internist and skin cancer specialist Susan Sleep, M.D., began treating basal and squamous cell carcinoma patients with Superficial Radiation Therapy (SRT), she saw the potential it could have if it were more accessible. Faced with the predicament of the treatment's frequent low-impact appointments, she found a solution: Rather than have patients come into the office, she would come to their communities.

"I usually treat SRT patients twice a week for about seven weeks, which can be inconvenient," says Dr. Sleep, founder of Mobile Skin Solutions. "Each treatment only takes around 45 seconds, so it takes more time to park than to receive care. With the van, I can provide a quicker option for patients with mobility or transportation concerns in places such as senior living communities."

As California's first mobile skin cancer and radiation treatment clinic, Dr. Sleep takes the practice to select communities with pockets of patients seeking care. From Palos Verdes to Newport Beach, they can receive skin exams and biopsies as well as help with other dermatological needs and cancer treatment.

"We take care of skin," says Dr. Sleep. "A diagnosis can be made in the van with a possible follow-up in our Los Alamitos office depending on the condition."

SUPERFICIAL RADIATION THERAPY

Many people over age 65 who grew up in sunny parts of the country have a sore that won't heal or bump that won't go away. Skin exams play a critical role in determining the next steps. Following a biopsy, treatment options vary.

"I can perform skin cancer surgery and excisions, which are sometimes the best option," says Dr. Sleep. "But in areas where wound healing can be an issue, such as lower extremities or on visible places such as the face, lip, or ear where people don't want a scar or deformity, SRT is often a better option. Unlike an X-ray, the radiation only goes skin deep, not affecting the bone or muscle."

SRT is superficial, attacking nonmelanoma skin cancers at the root while going 3-6 millimeters deep, depending on skin thickness and the location of the cancer on the body. The process is painless with no recovery time necessary and only targets a small margin of normal skin along with the cancer, initially leaving behind a small pink circle, which will soon fade without leaving a scar.

"It's a privilege to care for patients in a way that is convenient and satisfying to them," Dr. Susan Sleep concludes. "People sometimes take on quicker, more invasive surgeries for skin cancer that they end up regretting because it caused scarring or a deformity. I can help them avoid this, which is so rewarding."

MOBILE
SKIN SOLUTIONS

3742 Katella Avenue, Suite 302
Los Alamitos, CA 90720
562-936-0292

mobileskinsolutions.com

sandellandsleepmds.com